
Thanksgiving
FESTIVITIES
1st Thanksgiving Manicures and the Scents of Thanksgiving
3rd Turkey Hunt
4th Making Scarecrows
5th Making Apple Pie Dessert Cups
7th Thanksgiving Bucket Game
8th The Scents of Thanksgiving
9th Cinnamon Roll Social
10th Thanksgiving Ring Toss and Making a Gratitude Tree
12th Making Pumpkin Pie Cheesecake
13th Cranberry Crumble Cheesecake Bar Social and Trivia
14th Thanksgiving Ring Toss Game
15th Thanksgiving Manicures and the Scents of Thanksgiving
16th Pumpkin Bread Social and Trivia
17th Turkey Hunt
18th Making Pilgrim Hats
19th Making Thanksgiving Turkey Cookies
20th Pumpkin Parfait Social
21st Thanksgiving Bucket Game
22nd Thanksgiving Manicures and the Scents of Thanksgiving
23rd Pumpkin Roll Social and Thanksgiving Trivia
25th Making Thanksgiving Wheel Crafts
26th Thanksgiving Day
Parade, Thanksgiving Reminiscing, and Thanksgiving Tea and Trivia


NOVEMBER
HEALTH AND WELLNESS
Healthy Today for a Brighter Tomorrow!
HEART HEALTH
Keep your heart happy with healthy food, regular activity and routine check-ups.
NUTRITION
Enjoy seasonal fruits and vegetables to fuel your body and boost your immunity.
STAY ACTIVE
Move your body every day, even a little bit, to keep your mind and body strong.
MENTAL WELLNESS
Keep your mind engaged with activities, social time and positive thinking.
TAKE TIME TO RELAX
Breathe deeply, reduce stress and enjoy the things that make you happy.
STAY HYDRATED
Drink water throughout the day to keep your body feeling its best.
GET A GOOD NIGHT'S SLEEP
Rest helps your body heal, strengthens your immune system and improves mood and memory.


NOVEMBER
OUTINGS
13th Sonny's BBQ
20th Steak 'n Shake
Inform Activity Staff if you would like to attend!


INDEPENDENT IN ROOM ACTIVITIES
If you would like any books, cards, word search, crossword or sudoku puzzles, adult coloring pages etc., please call ext 2162 with your name, room number and what you would like and we will bring it to your room.


HEALTHCARE AND REHAB NURSING CENTER
NEWSLETTER


NOVEMBER
2026


Oak Manor
SENIOR LIVING COMMUNITY


HAPPY
Thanksgiving


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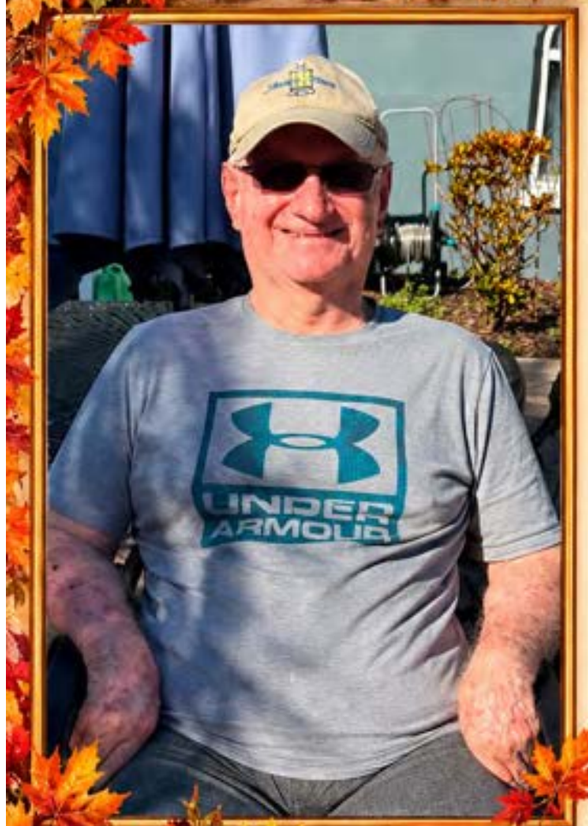

Friends and Family
EVENT







Spotlight on a RESIDENT



Kenneth Ferdon

Ken was born on July 13, 1959, in St. Petersburg, Florida.

Ken has one sister, Brenda. He also has two nieces, Marissa and Brianna, that he is very proud of. He never had any children of his own.

Ken joined a chorus in high school and was in a play, and played the part of "Joseph".

Ken worked as a janitor at a school and church.

Ken's hobbies consisted of traveling to Canada, playing bingo, board games, and he was in a bowling league.

Ken has been at Oak Manor for two months. He enjoys the staff and other residents and says the grounds are beautiful.

Thank you Ken for being a part of the Oak Manor Family!

OAK MANOR Department Managers

ADMINISTRATOR/EXECUTIVE DIRECTOR/OWNER
Brad Graham ext. 2111

ASSISTANT ADMINISTRATOR
Tina Janovich ext. 2267

ADMISSIONS
Kim Hyer ext. 2115

ACTIVITIES
Cindy LaVine ext. 2162

DIRECTOR OF NURSING
Frantz David ext. 2110

ASSISTANT DIRECTOR OF NURSING
Bo Orndorff ext. 2104

FOOD SERVICES
Edi Fauland ext. 2237

HOUSEKEEPING
Jose Bones ext. 2119

MAINTENANCE DIRECTOR
Bradley Schumann ext. 3330

PHYSICAL THERAPY
Jenny Zirbel ext. 2125

RESIDENT ACCOUNTS
Holly Greene-Stephany ext. 2216

SECURITY
Robert Tippit 2200 or (727) 482-3930

SOCIAL SERVICES
Jessica Sewell ext. 2117
Mikayla Hearns ext. 2114

EAST WING UNIT MANAGER
Amy Kane ext. 2218

NOVEMBER CRAFTS

4th Making *Scarecrows*

10th Making a *Gratitude Tree*

18th Making *Pilgrim Hats*

25th Making a *Thanksgiving Wheel*

ALTERNATE MENU FOR MEALS

If you do not like what is on the menu, you may order any of these alternatives:

- ☑ Cottage Cheese & Fruit Plate
- ☑ Grilled Cheese
- ☑ Cheeseburger
- ☑ Hamburger
- ☑ Chef Salad
- ☑ Hot Dog
- ☑ Chicken Tenders
- ☑ Baked Fish
- ☑ Tuna Salad
- ☑ Chicken Salad
- ☑ Egg Salad
- ☑ Chef Salad
- ☑ Grilled Chicken Sandwich
- ☑ Spaghetti & Meat Sauce

Thanksgiving FUN FACTS

A time to be thankful, a time to learn!

The First Thanksgiving

The first Thanksgiving took place in 1621 in Plymouth, Massachusetts, between the Pilgrims and the Wampanoag Native Americans.

Turkey Isn't the Only Dish!

While turkey is the most popular dish today, the first Thanksgiving likely included deer, fish, shellfish, corn, squash, berries, and more!

It Became a National Holiday in 1863

President Abraham Lincoln declared Thanksgiving a national holiday, to be celebrated on the last Thursday of November.

The Macy's Parade Tradition

The Macy's Thanksgiving Day Parade in New York City began in 1924. It features giant balloons, floats, bands and brings joy to millions of people every year!

Pumpkin Pie Came Later

Pumpkin pie wasn't served at the first Thanksgiving. It became popular much later, in the 1700s!

Thanksgiving Is About Gratitude

Today, Thanksgiving is a time to be with family and friends, share a meal, and think about the things we're grateful for.

Football and Feasting

Watching football on Thanksgiving Day has been a tradition for decades, starting in the 1920s!

It's a Time for Giving

Many people also use Thanksgiving as a time to help others by volunteering and donating to those in need.

Different Foods. Different Traditions. Same Great Spirit.

HAPPY THANKSGIVING!









THANKSGIVING WORD SEARCH

WORD LIST

AMERICA
APPLES
COLONY
CORN
CORNUCOPIA
CRANBERRIES
FAMILY
FEAST
GRATITUDE
HARVEST
HOLIDAY
MAYFLOWER
NATIVE AMERICAN
NOVEMBER
PIE
PILGRIM
PLYMOUTH
PUMPKIN
SETTLERS
SQUASH
STUFFING
SWEET POTATOES
THANKFUL
THANKSGIVING
TRADITION
TURKEY
VEGETABLE
WISHBONE

F	T	R	A	D	I	T	I	O	N	I	I	C
S	P	I	L	G	R	I	M	J	B	H	K	B
W	C	W	I	S	H	B	O	N	E	E	K	O
E	V	R	N	R	O	C	J	U	Y	D	Z	N
E	R	O	A	V	U	W	R	A	I	U	R	A
T	E	I	P	N	T	F	D	Y	I	T	V	C
P	W	L	W	S	B	I	Q	T	L	I	H	I
O	R	X	A	W	L	E	Q	W	A	T	S	R
T	S	E	S	O	Z	Y	R	I	C	A	A	E
A	F	G	H	E	E	Y	P	R	T	R	U	M
T	L	Q	D	K	T	O	O	S	I	G	Q	A
O	X	V	R	P	C	T	E	V	G	E	S	E
E	G	U	E	U	L	V	L	J	M	B	S	V
S	T	O	N	G	R	Y	R	E	I	I	E	I
H	X	R	V	A	E	A	M	U	R	K	L	T
J	O	K	H	Y	N	T	M	O	Q	S	P	A
C	M	Y	G	E	J	O	A	E	U	L	P	N
E	J	F	A	M	I	L	Y	B	R	T	A	V
P	B	P	U	M	P	K	I	N	L	I	H	G
C	M	A	Y	F	L	O	W	E	R	E	C	O
A	Y	N	O	L	O	C	Q	L	O	M	R	A
E	U	N	O	V	E	M	B	E	R	T	Q	A
A	L	U	F	K	N	A	H	T	K	I	D	S
B	G	N	I	V	I	G	S	K	N	A	H	T
I	S	T	U	F	F	I	N	G	H	J	Y	Y









OAK MANOR REHAB & NURSING NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **DAYLIGHT SAVINGS TIME ENDS** 8:30 1:1 Visits-IR **9:00 TELEVISED CHURCH SERVICE-CDR** **10:00 THANKSGIVING MANICURES-CDR** **10:30 THE SCENTS OF THANKSGIVING-CDR** 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR **3:15 ACTIVITY CART VISITS-EAST WING IR** 6:00 Courtyard Chat-CY	**2** 8:30 1:1 Visits-IR 10:00 Toss & Talk-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR **2:00 MONTHLY BIRTHDAY PARTY W/ PAUL MILLER-CDR** 3:00 Guess The Word-CDR 6:00 Courtyard Chat-CY	**3** **10:00 ROSARY-CDR** **10-11:00 COMMUNION-IR** **10:00 VR EXERCISE-EDR** 10:45 Appetizing Stimuli-CDR **2:00 TURKEY HUNT-CDR** 3:00 Baking Cookies-EDR 3:15 Golden Memories Game-EDR 3:00 Bingo-CDR 6:00 Courtyard Chat-CY	**4** 8:30 1:1 Visits-IR 10:00 Noodleball-CDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR **2:00 MAKING SCARECROW CRAFTS-CDR** 3:00 Bingo-CDR 6:00 Courtyard Chat-CY	**5** 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR **2:00 MAKING APPLE PIE DESSERT CUPS-CDR** 3:00 LRC-CDR 6:00 Courtyard Chat-CY	**6** **NACHO DAY** 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR **3:00 NACHO SOCIAL & TRIVIA-CDR** 6:00 Courtyard Chat-CY	**7** 8:30 1:1 Visits-IR 10:00 Exercise-CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR **2:00 THANKSGIVING BUCKET GAME-CDR** 3:00 Give Me Three Game-CDR 6:00 Courtyard Chat-CY
8 8:30 1:1 Visits-IR **9:15 MT. CARAMEL CHURCH SERVICE-CDR** **10:00 THE SCENTS OF THANKSGIVING-CDR** 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR **3:15 ACTIVITY CART VISITS-EAST WING IR** 6:00 Courtyard Chat-CY	**9** 8:30 1:1 Visits-IR 10:00 Movin' To Music-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR **2:00 FOOD COMMITTEE & RESIDENT COUNCIL MEETINGS-CDR** **3:00 CINNAMON ROLL SOCIAL-CDR** 6:00 Courtyard Chat-CY	**10** 8:30 1:1 Visits-IR **10:00 COMMUNION-IR** **10:00 ROSARY-CDR** **10:00 VR EXERCISE-EDR** **2:00 THANKSGIVING RING TOSS-CDR** 3:00 Bingo-CDR **3:00 MAKING A GRATITUDE TREE-EDR** 4:00 Movie-CDR 6:00 Courtyard Chat-CY	**11** **VETERAN'S DAY** 10:00 Exercise-CDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR 2:00 **VETERAN'S DAY PROGRAM W/ THE INDIAN ROCKS VFW W/ RED, WHITE & BLUE DESSERT-CDR** 3:00 Bingo-CDR 6:00 Courtyard Chat-CY	**12** 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR **2:00 MAKING PUMPKIN PIE CHEESECAKE CUPS-CDR** 3:00 Tic Tac Toe-CDR 6:00 Courtyard Chat-CY	**13** 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:45 Appetizing Stimuli-CDR **11:00 OUTING TO SONNY'S** 2:00 Bingo-CDR **3:00 CRANBERRY CRUMBLE CHEESECAKE BAR SOCIAL & TRIVIA-CDR** 6:00 Courtyard Chat-CY	**14** 8:30 1:1 Visits-IR 10:00 Exercise-CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR **2:00THANKSGIVING RING TOSS GAME-CDR** 3:00 Bingo-CDR 6:00 Courtyard Chat-CY
15 8:30 1:1 Activity Visits-IR **9:00 TELEVISED CHURCH SERVICE-CDR** **10:00 THANKSGIVING MANICURES-CDR** **10:00 THE SCENTS OF THANKSGIVING-CDR** **2:00 SUNCOAST COMMUNITY CHURCH SERVICE-CDR** **3:00 WORSHIP SERVICE W/ "CHESED JUBILEE"-CDR** 6:00 Courtyard Chat-CY	**16** 8:30 1:1 Visits-IR 10:00 Toss & Talk-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR **2:00 PUMPKIN BREAD SOCIAL W/ TRIVIA-CDR** 3:00 Guess The Word-CDR 6:00 Courtyard Chat-CY	**17** 8:30 1:1 Visits-IR **10:00 ROSARY-CDR** **10:00 COMMUNION-IR** **10:00 VR EXERCISE-EDR** 10:45 Appetizing Stimuli-CDR **2:00 TURKEY HUNT-CDR** 3:00 Baking Cookies-EDR 3:15 Golden Memories Game-EDR 3:00 Bingo-CDR 6:00 Courtyard Chat-CY	**18** 8:30 1:1 Visits-IR 10:00 Noodleball-CDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR **11:00 CHRISTMAS CONCERT W/ PINELLAS PARK MIDDLE SCHOOL-CDR** **2:00 MAKING PILGRIM HATS-CDR** 3:00 Bingo-CDR 6:00 Courtyard Chat-CY	**19** 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR **2:00 MAKING THANKSGIVING TURKEY COOKIES-CDR** 3:00 LRC-CDR 6:00 Courtyard Chat-CY	**20** 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:45 Appetizing Stimuli-CDR **11:00 OUTING TO STEAK N' SHAKE** 2:00 Bingo-CDR **3:00 PUMPKIN PARFAIT SOCIAL-CDR** 6:00 Courtyard Chat-CY	**21** 8:30 1:1 Visits-IR 10:00 Exercise-CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR **3:00 THANKSGIVING BUCKET GAME-CDR** 6:00 Courtyard Chat-CY
22 8:30 1:1 Visits-IR **9:00 TELEVISED CHURCH SERVICE-CDR** **10:00 THANKSGIVING MANICURES-CDR** **10:30 THE SCENTS OF THANKSGIVING-CDR** 10:45 Appetizing Stimuli-CDR **2:00 SUNCOAST COMMUNITY CHURCH SERVICE-CDR** 3:00 Movie-CDR **3:15 ACTIVITY CART VISITS-EAST WING IR** 6:00 Courtyard Chat-CY	**23** 8:30 1:1 Visits-IR 10:00 Movin' To Music-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR **2:00 PUMPKIN ROLL SOCIAL & THANKSGIVING TRIVIA-CDR** 3:00 Guess The Words-CDR 6:00 Courtyard Chat-CY	**24** 8:30 1:1 Activity Visits-IR **10-11:00 COMMUNION-IR** **10:00 ROSARY-CDR** **10:00 VR EXERCISE-EDR** 10:45 Appetizing Stimuli-CDR **2:00 MUSIC W/ DOUG-CDR** 3:00 Baking Cookies-EDR 3:00 Bingo-CDR 3:15 Golden Memories Game-EDR 4:00 Movie-CDR 6:00 Courtyard Chat-CY	**25** 8:30 1:1 Visits-IR 10:00 Noodleball-CDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR **2:00 MAKING A THANKSGIVING WHEEL-CDR** 3:00 Bingo-CDR 6:00 Courtyard Chat-CY	**THANKSGIVING** **26** **8:30 THANKSGIVING DAY PARADE** 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR **10:30 THANKSGIVING REMINISCING-CDR** 10:45 Appetizing Stimuli-CDR **2:00 THANKSGIVING TEA & TRIVIA-CDR** 6:00 Courtyard Chat-CY	**27** 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR **3:00 APPLE PIE SOCIAL & TRIVIA-CDR** 6:00 Courtyard Chat-CY	**28** 8:30 1:1 Visits-IR 10:00 Exercise-CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR 2:00 Ring Toss-CDR 3:00 Give Me Three Game-CDR 6:00 Courtyard Chat-CY
29 8:30 1:1 Visits-IR **9:00 TELEVISED CHURCH SERVICE-CDR** **10:00 HOLIDAY MANICURES-CDR** **10:30 THE SCENTS OF CHRISTMAS-CDR** 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR **3:15 ACTIVITY CART VISITS-EAST WING IR** 6:00 Courtyard Chat-CY	**30** 8:30 1:1 Visits-IR 10:00 Toss & Talk-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR **2:00 TREE TRIMMING W/ EGG NOG & CHRISTMAS COOKIES-CDR** 3:00 Bingo-CDR 6:00 Courtyard Chat-CY					