

July SOCIALS & PARTIES

- 1ST CREATIVE ICE CREAM SOCIAL
- 3RD WATERMELON SOCIAL
- 4TH INDEPENDENCE DAY, SOCIAL WITH BOMB POPS
- 6TH MONTHLY BIRTHDAY PARTY
- 9TH HAWAIIAN LUAU, FRIENDS, AND FAMILY
- 10TH FRUIT KEBAB SOCIAL
- 13TH FRENCH FRIES SOCIAL
- 17TH PEACH FLAVORED ICE CREAM SOCIAL
- 20TH ICE CREAM SODA SOCIAL
- 24TH CHEESE AND CRACKERS
- 27TH MILK CHOCOLATE
- 31ST RASPBERRY CHEESECAKE

Hawaiian LUAU!

FRIENDS & FAMILY!

JULY 9

FROM 4:00 - 6:00 PM

You must **RSVP** WITH SOCIAL SERVICES

YOU MAY HAVE A MAXIMUM OF TWO GUEST.

July OUTINGS

10TH JULY Olive Garden ITALIAN KITCHEN

31ST JULY Village Inn vi

FUN FOOD FRIENDS MEMORIES

Great food, good times and wonderful memories!

INDEPENDENCE DAY Festivities

1. MAKING RED, WHITE AND BLUE ICE CREAM
2. MAKING PATRIOTIC BERRY TRIFLES AND DECORATING WHEELCHAIRS FOR INDEPENDENCE DAY
3. INDEPENDENCE DAY DECORATED WHEELCHAIR CONTEST!
4. INDEPENDENCE DAY BIRTHDAYS AND SOCIALS WITH BOMB POPS

INDEPENDENT IN ROOM ACTIVITIES

If you would like any books, cards, word search, crossword or sudoku puzzles, adult coloring pages etc., please call ext 2162 with your name, room number and what you would like and we will bring it to your room.



Oak Manor

SENIOR LIVING COMMUNITY



EBAF>;9: F.....2

JULY INFO.....3

BIRTHDAYS.....3

INDEPENDENCE DAY.....6

CALENDAR.....4-5

DEPT EXTENSIONS.....7

INFO.....7

RELIGIOUS SERVICES.....7

ACTIVITIES.....8



Spotlight on a RESIDENT Pam Farner

A LIFE FULL OF ADVENTURE, HARD WORK
AND WONDERFUL MEMORIES!



BORN
DECEMBER 7,
1943
PROVIDENCE,
RHODE ISLAND



SIBLINGS

2 Brothers – Skip & Rob
1 Sister – Bonnie Jean

FAMILY IS EVERYTHING

Proud mom of her son Greg and daughter Robyn. Both live here in St. Pete. Pam is also blessed with **6 grandchildren** and **1 great-grandson!**

A LIFE OF ADVENTURE & ACHIEVEMENT!



While living in **SEATTLE, WASHINGTON**, Pam worked as a manager at **John L. Scott REAL ESTATE** and studied ballet, ballroom dancing, and tap dancing. She was once a contestant in the Miss Washington Pageant!





Moved to **ANNAPOLIS, MARYLAND**, commuting to **WASHINGTON, D.C.**, where she worked as Executive Secretary to the President of Madison National Bank D.C.





Moved to **FLORIDA** in 1994. Got a job working at **TAMPA INTERNATIONAL AIRPORT** as a reservationist for Continental Airlines until her retirement in 2007.



THINGS PAM LOVES

 **LOVES TO TRAVEL** all over the U.S.

 **ENJOYS GARDENING AND PAINTING**



FONDLY REMEMBERS HER 2 PARROTS
Jim Bob and Billie Bob

HOME SWEET HOME

Pam has been part of the **OAK MANOR FAMILY** for **14 MONTHS.**

Thank you, Pam, for being such a special part of our
OAK MANOR FAMILY!
We are so happy to have you here!

OAK MANOR DEPARTMENT MANAGERS

<p>ADMINISTRATOR/EXECUTIVE DIRECTOR/OWNER Brad Graham ext. 2111</p> <p>ASSISTANT ADMINISTRATOR Tina Janovich ext. 2267</p> <p>ADMISSIONS Kim Hyer ext. 2115</p> <p>ACTIVITIES Cindy LaVine ext. 2162</p> <p>DIRECTOR OF NURSING Frantz David ext. 2110</p> <p>CO-ASST. DIRECTOR OF NURSING Bo Ornduff ext. 2104 Amanda Elwood ext. 2120</p> <p>FOOD SERVICES Debi Burger ext. 2237</p>	<p>HOUSEKEEPING Jose Bones ext. 2119</p> <p>MAINTENANCE DIRECTOR Bradley Schurman ext. 3330</p> <p>PHYSICAL THERAPY Jenny Zirbel ext. 2128</p> <p>RESIDENT ACCOUNTS Holly Greene-Stephany ext. 2216</p> <p>SECURITY Robert Tippit 2200 or (727) 482-3930</p> <p>SOCIAL SERVICES Jessica Sewell ext. 2117 Mikayla Hearn ext. 2114</p> <p>EAST WING UNIT MANAGER Amy Kane ext. 2218</p>
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JULY COOKING & BAKING ACTIVITIES

Fun Recipes • Great Company • Delicious Results!

1st	Making RED, WHITE & BLUE ICE CREAM	
2nd	Making PATRIOTIC BERRY TRIFLES	
7th	* Baking COOKIES *	
9th	Making HAWAIIAN PINEAPPLE DELIGHT DESSERTS	
14th	* Baking COOKIES *	
16th	* Making CUCUMBER RANCH DIP *	
21st	* Baking COOKIES *	
23rd	Making MAMA'S BANANA PUDDING	
28th	* Baking COOKIES *	
30th	Making STRAWBERRY CHEESECAKE DIP	

Let's cook, bake & make sweet memories together!

JULY Crafts

GET CREATIVE • HAVE FUN • MAKE MEMORIES!

8th	Making BEACH KOOZIE CAN COVER COVERS	
15th	Making SUMMER WINDCHIMES	
22nd	Making UNDER THE SEA CERAMICS	
29th	Making SUMMER SUN CATCHERS	

CREATE • RELAX • ENJOY!

ALTERNATE MENU FOR MEALS

If you do not like what is on the menu, you may order any of these alternatives:

- ✓ Cottage Cheese & Fruit Plate
- ✓ Grilled Cheese
- ✓ Cheeseburger
- ✓ Hamburger
- ✓ Chef Salad
- ✓ Hot Dog
- ✓ Chicken Tenders
- ✓ Baked Fish
- ✓ Tuna Salad
- ✓ Chicken Salad
- ✓ Egg Salad
- ✓ Chef Salad
- ✓ Grilled Chicken Sandwich
- ✓ Spaghetti & Meat Sauce



July RELIGIOUS SERVICES

With Prayer • Community • Love

7th	ROSARY & COMMUNION	
14th	ROSARY & COMMUNION	
21st	ROSARY & COMMUNION	
28th	ROSARY & COMMUNION	

MOUNT CARMEL CHURCH SERVICE

All are welcome! Let us grow in faith together!

Independence Day FUN FACTS

250 YEAR CELEBRATION!

1776 ★ 2026

- JULY 4TH MARKS OUR NATION'S BIRTH!**
On July 4, 1776, the Continental Congress adopted the Declaration of Independence, declaring the 13 American colonies free from British rule.
- THE DECLARATION WASN'T SIGNED ON JULY 4TH.**
While adopted on July 4th, most signatures were added on August 2, 1776.
- THREE PRESIDENTS DIED ON JULY 4TH.**
John Adams and Thomas Jefferson, both signers of the Declaration of Independence, died on July 4, 1826—the 50th anniversary of our nation. James Monroe also died on July 4, 1831.
- FIREWORKS LIGHT UP OUR CELEBRATION!**
Fireworks have been part of Independence Day celebrations since 1777, just one year after our nation was born!
- THE AMERICAN FLAG HAS 13 STRIPES AND 50 STARS.**
The 13 stripes represent the original colonies. The 50 stars represent the 50 states united as one.
- HOT DOGS ARE A HOLIDAY FAVORITE!**
Americans eat an estimated 150 million hot dogs on Independence Day!
- "INDEPENDENCE DAY" WASN'T THE ORIGINAL NAME.**
It was first called "Independence Day" in the late 1700s, but Congress didn't make it an official federal holiday until 1941.
- AMERICA IS CELEBRATING 250 YEARS OF FREEDOM!**
In 2026, we mark 250 years since the Declaration of Independence—a moment that changed history and continues to inspire generations.

★ ★ One Nation. One Flag. One Freedom. ★ ★
HONORING OUR PAST ★ CELEBRATING OUR FUTURE!

JULY Birthstone IS THE RUBY

MEANING OF THE RUBY: THE RUBY IS A POWERFUL SYMBOL OF LOVE, PASSION, VITALITY. IT IS BELIEVED TO BRING COURAGE, STRENGTH, AND PROTECTION TO THE WEARER. THE RUBY IGNITES THE HEART, INSPIRES CONFIDENCE, AND ENERGIZES THE SOUL.

Carnelian IS THE ALTERNATE BIRTHSTONE FOR July

The Delphinium IS THE FLOWER FOR July

Larkspur IS THE ALTERNATE July FLOWER

Beauty Shop
WILL BE OPEN EVERY TUESDAY, WEDNESDAY AND THURSDAY FROM NINE TO 3 O'CLOCK TO SCHEDULE AN APPOINTMENT CALL MICHELLE AT EXT. 2102

HAPPY INDEPENDENCE DAY

WORD SEARCH

FIND THE PATRIOTIC WORDS HIDDEN BELOW!

A	M	E	R	I	C	A	F	L	A	G	B
L	I	B	E	R	T	Y	J	U	L	Y	L
P	A	T	R	I	O	T	E	A	G	L	U
F	I	R	E	W	O	R	K	S	E	E	E
H	I	S	T	O	R	Y	S	T	A	R	S
R	E	D	W	H	I	T	E	B	L	U	E
P	A	R	A	D	E	F	R	E	E	D	O
S	T	R	I	P	E	S	A	M	E	R	I
E	A	G	L	E	P	A	T	R	I	O	T
F	L	A	G	J	U	L	Y	S	T	A	R
A	M	E	R	I	C	A	R	E	D	W	H
L	I	B	E	R	T	Y	B	L	U	E	I
F	R	E	E	D	O	M	E	A	G	L	T
S	T	A	R	S	P	A	R	A	D	E	E
P	A	T	R	I	O	T	H	I	S	T	O

WORDS TO FIND

- ★ AMERICA ★ FLAG ★ PARADE ★ STRIPES ★ BLUE
- ★ FREEDOM ★ EAGLE ★ JULY ★ RED ★ PATRIOT
- ★ LIBERTY ★ FIREWORKS ★ STARS ★ WHITE ★ HISTORY

LAND OF THE FREE BECAUSE OF THE BRAVE!

JULY Birthdays!

- 3rd Martha Costanza
- 3rd Patricia Simpson
- 5th Betty Kyne
- 7th Karen Hehr
- 7th Clementine Williams
- 15th Joe Minichowski
- 17th Debra Chako
- 24th Linda Mendoza
- 24th Tim Titas
- 26th Joseph Laricca
- 30th Charlette Campbell

Happy Birthday! Wishing you a fantastic year!

OAK MANOR REHAB & NURSING JULY & \$&6

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>8:30 1:1 Visits-IR 5 9:00 TELEVISED CHURCH SERVICE-CDR 10:00 Manicures-CDR 10:30 Sensory Programs-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR 3:15 ACTIVITY CART VISITS-IR 6:00 Courtyard Chat-CY</p>	 <p>8:30 1:1 Visits-IR 6 10:00 Toss & Talk-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 A CBIK @M 6-F H< 85MD5F HVK # D5I @CDR 3:00 Guess The Word-CDR 6:00 Courtyard Chat-CY</p>	 <p>8:30 1:1 Visits-IR 7 10:00-11:00 COMMUNION-IR 10:00 ROSARY-CDR 2:00 Baking Cookies-CDR 3:00 Bingo-CDR 4:00 Movie-CDR 6:00 Courtyard Chat-CY</p>	<p>CREATIVE ICE CREAM FLAVORS DAY 1 8:30 1:1 Visits-IR 10:00 Noodleball-CDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING RED, WHITE & BLUE TUTTI FRUTTI, WATERMELON & PINA COLADA ICE CREAM-CDR 3:00 Bingo-CDR 6:00 Courtyard Chat-CY</p>	<p>MADE IN AMERICA DAY 2 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING PATRIOTIC BERRY TRIFLES-CDR 3:00 DECORATING WHEELCHAIRS FOR INDEPENDANCE DAY-CDR 6:00 Courtyard Chat-CY</p>	<p>INDEPENDENCE DAY 3 10:00 Exercise To Patriotic Music-CDR 10:30 INDEPENDENCE DAY REMINISCING-CDR INDEPENDENCE DAY LUNCHEON 2:00 INDEPENDENCE DAY SOCIAL W/ RED, WHITE & BLUE BOMB POPS & INDEPENDENCE DAY TRIVIA-CDR 3:00 INDEPENDENCE DAY PHOTO BOOTH-CDR</p>
<p>8:30 1:1 Visits-IR 5 9:00 TELEVISED CHURCH SERVICE-CDR 10:00 Manicures-CDR 10:30 Sensory Programs-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR 3:15 ACTIVITY CART VISITS-IR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 6 10:00 Toss & Talk-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 A CBIK @M 6-F H< 85MD5F HVK # D5I @CDR 3:00 Guess The Word-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 7 10:00-11:00 COMMUNION-IR 10:00 ROSARY-CDR 2:00 Baking Cookies-CDR 3:00 Bingo-CDR 4:00 Movie-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 8 10:00 Dominoes-EDR 10:00 Cornhole-CDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING BEACH KOOZIE CAN COVERS-CDR 2:00 Baking Cookies-EDR 3:00 Bingo-CDR 3:00 Sensory-WDR 6:00 Courtyard Chat-CY</p>	<p><5K 5=5B#@ 5I 9 : F =9B8G/ : 5A =@M 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING HAWAIIAN PINEAPPLE DELIGHT DESSERT-CDR 4.\$!*. \$\$: F =9B8G/ : 5A =@M K #5'GH99@8FI A A 9F!78F # K 8F</p>	<p>8:30 1:1 Visits-IR 10 10:00 Mancures-CDR 10:00 Exercise-EDR 10:30 Trivia-EDR 10:45 Appetizing Stimuli-CDR 11:00 OUTING TO OLIVE GARDEN 2:00 Bingo-CDR 2:00 Sensory-WDR 3:00 FRUIT KEBAB SOCIAL & TRIVIA-CDR/EDR 6:00 Courtyard Chat-CY</p>
<p>8:30 1:1 Visits-IR 12 9:15 MT. CARAMEL CHURCH SERVICE-CDR 10:00 Sensory Stimulation-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR 3:15 ACTIVITY CART VISITS-IR 6:00 Courtyard Chat-CY</p>	<p>NATIONAL FRENCH : RY 85M 13 8:30 1:1 Visits-IR 10:00 Movin' To Music-CDR 10:00 Dominoes-EDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 FOOD COMMITTEE & RESIDENT COUNCIL MEETINGS-CDR 2:00 GYbgcfntk DR \$. \$: F 9B7< : F MGC7-5@/ HF =J =5! 78F #98F 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 14 10:00-11:00 COMMUNION-IR 10:00 ROSARY-CDR 10:45 Appetizing Stimuli-CDR 2:00 MEN'S CLUB: DUCK HUNTING GAME-CDR 3:00 Bingo-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 15 10:00 Bowling-CDR 10:00 VR EXERCISE-EDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING SUMMER WIND CHIMES-CDR 3:00 SING-A-LONG W/ DOUG-CDR 4:00 Bingo-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 16 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING CUCUMBER RANCH DIP-DR 3:00 PATRIOTIC MUSIC W/ VAL-CDR 6:00 Courtyard Chat-CY</p>	<p>NATIONAL PEACH FLAVORED ICE CREAM DAY 17 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR 3:00 PEACH FLAVORED ICE CREAM SOCIAL & TRIVIA-CDR 6:00 Courtyard Chat-CY</p>
<p>8:30 1:1 Visits-IR 19 9:00 TELEVISED CHURCH SERVICE-CDR 10:00 Manicures-CDR 10:30 Sensory Programs-CDR 2:00 Bingo-CDR 3:15 ACTIVITY CART VISITS-IR 6:00 Courtyard Chat-CY</p>	<p>NATIONAL ICE CREAM GC85'85M 20 8:30 1:1 Visits-IR 10:00 Toss & Talk-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 =79'7F 95A 'GC85' SOCIAL & TRIVIA-CDR 3:00 G-B; !5!@CB; W/ DOUG-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 21 10:00-11:00 COMMUNION-IR 10:00 ROSARY-CDR 2:00 Baking Cookies-CDR 2:15 Would You Rather Game-CDR 3:00 Bingo-CDR 4:00 Movie-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 22 10:00 Noodleball-CDR 10:00 Dominoes-EDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING UNDER THE SEA CERAMICS-CDR 3:00 Bingo-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 23 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING MAMA'S BANANA PUDDING-CDR 3:00 MUSIC W/ TONY -CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 24 10:00 Manicures-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR 3:00 CHEESE & CRACKER SOCIAL & TRIVIA-CDR 6:00 Courtyard Chat-CY</p>
<p>8:30 1:1 Visits-IR 26 9:00 TELEVISED CHURCH SERVICE-CDR 10:00 Manicures-CDR 10:30 Sensory Programs-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR 3:00 Movie-CDR 3:15 ACTIVITY CART VISITS-IR 6:00 Courtyard Chat-CY</p>	<p>A =@ 7<C7C@5H9'85M 27 8:30 1:1 Visits-IR 10:00 Movin' To Music-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 A =@ 7<C7C@5H9 SOCIAL & TRIVIA-CDR 3:00 Guess The Words-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 28 10:00-11:00 COMMUNION-IR 10:00 ROSARY-CDR 10:00 VR EXERCISE-EDR 2:00 Baking Cookies-CDR 2:00 MUSIC W/ DOUG-EDR 2:15 Would You Rather Game-CDR 3:00 Bingo-CDR 3:00 Sensory-WDR 4:00 Movie-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 29 10:00 LRC-EDR 10:00 Bowling-CDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR 2:00 Baking Cookies-EDR 2:00 MAKING SUMMER SUNCATCHER'S-CDR 3:00 Bingo-CDR 3:00 Sensory-WDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 30 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR 2:00 MAKING STRAWBERRY CHEESECAKE DIP-CDR 3:00 MEN'S CLUB-DUCK HUNTING GAME-CDR 6:00 Courtyard Chat-CY</p>	<p>8:30 1:1 Visits-IR 31 10:00 Manicures-CDR 10:00 Exercise-EDR 10:30 Trivia-EDR 10:45 Appetizing Stimuli-CDR 11:00 OUTING TO VILLAGE INN 2:00 Bingo-CDR 2:00 Sensory-WDR 3:00 RASPBERRY CHEESECAKE SOCIAL & TRIVIA-CDR/EDR 6:00 Courtyard Chat-CY</p>

