



MAY 2026

PLANNED ACTIVITIES ARE SUBJECT TO CHANGE

✓ = Sign-up Required

ALF #11835

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activity Location Abbreviations
1st FL / 2nd FL / 3rd FL
LB = Lobby
LR = Living Room
AR = Activities Room
DR = Dining Room



1. 9:30 Morning Stretch (2-AR)
✓ 10:15 OUTING: PUBLIX
2:00 BINGO (3-DR)
3:15 Kentucky Derby Horse Racing (3-DR)

2. 9:30 Board Games (2-AR)
10:30 Bayside Community Church Service Stream(3-LR)
2:00 Rosary Prayer w/Catalina (2-AR)
3:00 Movie: Seabiscuit (1-LR)
7:00 Kentucky Derby (1-LR)

3. 10:00 Catholic Service (2-AR)
2:00 BINGO (3-AR)
3:00 Movie: In Her Shoes (1-LR)

4. 9:30 Morning Stretch (2-AR)
10:30 May Collages (3-AR)
1:30 Nail Painting (3-AR)
Life is not perfect. But your nails can be.
2:30 Rummikub Game (2-AR)

5. 9:30 Meditation w/ Beth (2-AR)
10:30 fit minds (3-AR)
2:00 BINGO (3-DR)
3:00 Ice Cream Social (3-DR)
3:15 Wii Bowling (3-LR)

6. 9:30 Cardio Drumming (2-AR)
10:30 Wellness Day: Stroke Awareness Month (3-AR)
2:00 Mother's Day Tea (3-DR)
6:00 Rummikub Game (2-AR)

7. 9:30 Morning Stretch (2-AR)
10:30 fit minds (3-AR)
2:00 BINGO (3-DR)
3:15 Afternoon Stretch w/ Kellie (2-AR)

8. Happy Birthday Daniel Louck
9:30 Balance w/ Brittany (2-AR)
10:30 Spelling Bee (3-AR)
2:00 Happy Hour with Lance Harvill (3-DR)
Happy Hour

9. 9:30 Games w/ Claire (2-AR)
10:30 Bayside Community Church Service Stream(3-LR)
2:00 Rosary Prayer w/Catalina (2-AR)
3:00 Movie: Time Traveler's Wife (1-LR)

10. HAPPY MOTHER'S DAY!!
10:00 Catholic Service (2-AR)
10:30 Mother's Day Social (3-AR)
2:00 BINGO (3-AR)
3:00 Movie: Mr. Mom (1-LR)

11. 9:30 Morning Stretch (2-AR)
10:30 DeSoto Palms Cookbook Recipes (3-AR)
1:30 Baking Club: Carrot Cake (3-AR)
2:30 Rummikub Game (2-AR)

12. 9:30 Corn Hole Game (2-AR)
10:30 fit minds (3-AR)
2:00 BINGO (3-DR)
3:00 Ice Cream Social (3-DR)
3:15 Pool Tournament (2-LR)

13. 9:30 Exercise w/ Kellie (2-AR)
10:30 Watercolor Painting (3-AR)
12:00 May Anniversary Luncheon (1-FL)
1:30 Dietary & Activities Meeting (3-AR)
6:00 Rummikub Game (2-AR)

14. Happy Birthday Helen Rizzi
9:30 Cardio Drumming (2-AR)
10:30 FULL CATHOLIC MASS WITH FR. JAOBANI (2-AR)
2:00 BINGO (3-DR)
3:15 Hand Massage w/ Kellie (3-AR)

15. 9:30 Balance w/ Brittany (2-AR)
10:30 Famous Families Trivia (3-AR)
2:00 Happy Hour with Sara & Jan (3-DR)
Happy Hour

16. 9:30 Games w/ Claire (2-AR)
10:30 Bayside Community Church Service Stream(3-LR)
2:00 Rosary Prayer w/Catalina (2-AR)
3:00 Movie: Amelia (1-LR)

17. 10:00 Catholic Service (2-AR)
2:00 BINGO (3-AR)
3:00 Movie: Men of Honor (1-LR)

18. 9:30 Morning Stretch (2-AR)
10:30 Memorial Day Craft (3-AR)
1:30 Hangman Games (3-AR)
2:30 Rummikub Game (2-AR)

19. 9:30 Corn Hole Game (2-AR)
10:30 fit minds (3-AR)
2:00 BINGO (3-DR)
3:00 Ice Cream Social (3-DR)
3:15 Pool Tournament (2-LR)

20. 9:30 Chair Zumba! (2-AR)
10:30 Patio Chats (Outside)
2:00 Resident Council Mtg. (3-AR)
3:00 Spiritual Service w/ Wendy (3-AR)
6:00 Rummikub Game (2-AR)

21. Happy Birthday Rosemary Weis
9:30 Meditation w/ Beth (2-AR)
10:30 fit minds (3-AR)
2:00 BINGO (3-DR)
3:15 Resident Store Shopping w/ Bingo Bucks (3-FL)

22. ✓ 9:30 OUTING: MOTE AQUARIUM
2:00 Happy Hour Celebrating May Birthdays with Phil Leber (3-DR)
3:00 Uno Game (3-AR)

23. 9:30 Hand & Foot Game (3-AR)
10:30 Bayside Community Church Service Stream(3-LR)
2:00 Rosary Prayer w/Catalina (2-AR)
3:00 Movie: Flags of Our Fathers (1-LR)

24. & 31. 10:00 Catholic Service (2-AR)
2:00 BINGO (3-AR)
3:00 Movie: Out of Africa Parts 1 & 2 (1-LR)

25. MEMORIAL DAY
✓ 9:30 OUTING: SARASOTA NATIONAL CEMETARY
10:30 Color Therapy (3-AR)
2:30 Rummikub Tournament (2-AR)

26. 9:30 Meditation w/ Beth (2-AR)
10:30 fit minds (3-AR)
12:00 New Resident Lunch w/ Shannon (1-FL)
2:00 BINGO (3-DR)
3:00 Ice Cream Social (3-DR)
3:15 Wii Bowling (3-LR)

27. 9:30 Morning Stretch (2-AR)
10:00 Registration for Supervised Elections (3-AR)
2:00 Arm Chair Travel to Marseilles (3-AR)
6:00 Rummikub Game (2-AR)

28. Happy Birthday Al Opiela
9:30 Cardio Drumming (2-AR)
10:30 fit minds (3-AR)
2:00- 3:30 Friends & Family with Eddie Tobin (1-FL)

29. 9:30 Chair Zumba! (2-AR)
✓ 11:00: LUNCH OUTING: HONEY TREE CAFÉ
2:00 BINGO (3-DR)
3:00 Quirkle Game (3-AR)

30. 9:30 Board Games (2-AR)
10:30 Bayside Community Church Service Stream(3-LR)
2:00 Rosary Prayer w/Catalina (2-AR)
3:00 Movie: The Queen (1-LR)

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