

VALENTINE'S DAY

Join us on the **13th** for our **Valentine's Day Party!**

We will be having music by Val, Chocolate-Covered Strawberries & Strawberry Champagne

MARDI GRAS

We are having a **Mardi Party** on the 17th @ 2:00.

There will be entertainment by Jerry Chase, King Cake and beads!

CELEBRATE BLACK HISTORY MONTH

Honoring African American History & Achievements

Black History Month is celebrated each February to honor the history, culture, and contributions of African Americans. This month is a time to reflect on the incredible achievements and past struggles of the Black community, recognizing the trailblazers who have helped to define American history.

From the powerful leadership of civil rights figures like Martin Luther King Jr. and Rosa Parks, to the incredible talents of artists, writers, scientists, and athletes, Black Americans have made a lasting impact on every part of our

During Black History Month, we celebrate heroes like Harriet Tubman, who bravely led slaves to freedom through the Underground Railroad; Frederick Douglass, whose words championed equality, Maya Angelou, whose words inspired generations; and countless others who fought for justice and equality.

Black History is American History.

Take time this month to learn more, reflect, and honor the incredible legacy of Black Americans who have shaped our nation

WELCOME NEW RESIDENTS

**Lorraine Adams
Jerry Rubash**

We're glad you're here!

**1000
1000 LINE**

Please make sure that you listen to the 1000 line daily. Activities are listed on your calendar but are subject to change. The 1000 line will inform you if there are any updates.



**ASSISTED &
INDEPENDENT
LIVING
NEWSLETTER**

Oak Manor

SENIOR LIVING COMMUNITY

FEBRUARY 2026

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SPOTLIGHT ON A RESIDENT PAT COOKE

Pat was born on April 19, 1952, in Ohio to Richard and Jacqueline Hartley. She grew up as the oldest of 7 children, with three sisters and three brothers. When Pat was young, her father moved the family to Florida in search of work, and Florida has been home ever since.

Pat spent many years working in retail as a sales clerk at Kmart and Zayre, where she enjoyed helping people and staying busy. She was married to David Whitman. They had three children, Amy and David, and Michael. She is also blessed with four grandchildren.

One of Pat's greatest joys in life has always been travel. She especially loves Virginia, where she enjoyed seeing the contrast of flat land turning into beautiful mountains. Growing up, her family would take road trips every year or every other year, creating memories that Pat still treasures today.

Pat is a woman of many talents and interests. She enjoys word search puzzles, coloring, crocheting, and crafting handmade items for others. In her room, you'll find beautiful pieces she's created over the years. She also has a doll collection, with dolls from as small as 2 inches tall, some displayed in her room and others shared with her daughter.

When asked what she enjoys most about living at Oak Manor, Pat's answer is simple and heartfelt: "The people."

We are grateful to have Pat as part of the Oak Manor family. Her creativity, kindness, and life stories brighten our community every day.



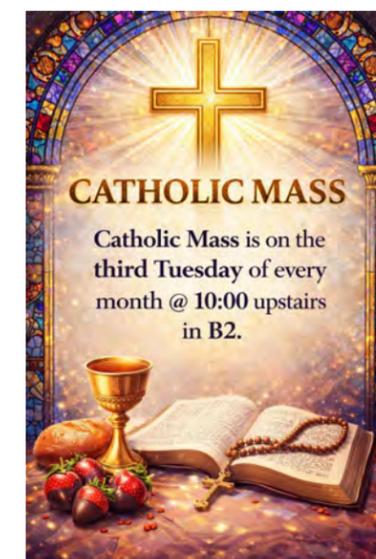
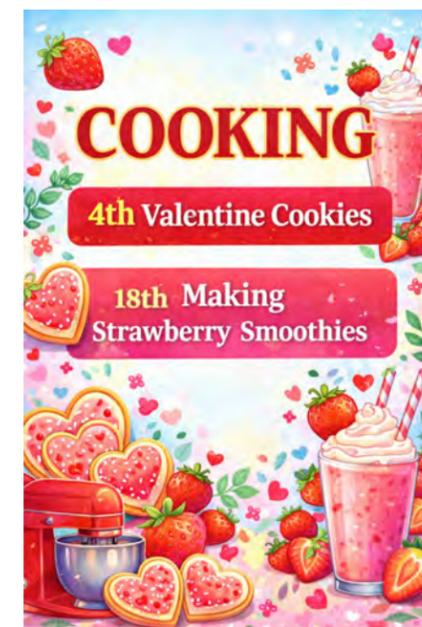
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OAK MANOR DEPARTMENT MANAGERS

ADMINISTRATOR:
Justin Mock ext. 2107
EXECUTIVE DIRECTOR/OWNER:
Brad Graham ext. 2111
ACTIVITIES
Cindy LaVine ext. 2162
DIRECTOR OF NURSING
Andy Feldhaus ext. 2220
FOOD SERVICES:
Debi Burger 2237 or 2240
HAIRDRESSER: Michelle ext. 2245
MAINTENANCE:
Bradley Schurman 3330
SALES COUNSELOR:
Pam Pardi ext. 2052



SALES COUNSELOR:
Ashley Pfaff ext. 2217
ENVIRONMENTAL SERVICES:
Jose Bones ext. 2119
PHYSICAL THERAPY:
Jenny Zirbel, ext. 2128
RECEPTIONIST: ext. 2200
RESIDENT ACCOUNTS:
Holly-Greene-Stephany, Ext. 2216
RESIDENT CARE COORDINATOR:
Brianna Williams Ext. 2509
RESIDENT SERVICES MANAGER:
Briahna Slater 2257
SECURITY:
Robert Tippit, 2200 or (727) 482-3930





VALENTINE FUN FACTS



Four U.S. states have a town named "Valentine."
 There are four specific states that can claim the "city of love" title: Arizona, Nebraska, Texas and Virginia. Each contain a city or town named Valentine (or Valentine's with an "s" at the end, in Virginia's case.)
 There's a singles-friendly alternative to Valentine's Day on the calendar.
 International Quirkyalone Day, also observed on February 14, is a celebration for single people. Despite what you might think, it's not an anti-Valentines Day event, but a chance to embrace individuality and self-love! The holiday has been recognized worldwide since 2003.
 Teachers receive the most Valentine's Day cards of all.
 Valentine's Day isn't just for the lovers. Each year, teachers receive the most Valentine's Day cards, followed by children, mothers, and wives. If you remember all the sweet classroom Valentine's Day parties of your childhood, this shouldn't be shocking!
 Your roses may have traveled further than you for Valentine's Day.
 Because of this, millions of dollars worth of roses are grown around the globe and shipped to the U.S. for Valentine's Day. In 2021, the U.S. imported \$730 million worth of roses, making up 42% of the country's total flower imports that year.
 Valentine's Day movies aren't just love stories.
 There are so many Valentine's Day movies to watch with your sweetheart, but not all of them are rom-coms! Many films related to the holiday are scary movies, including the 1981 hit, My Bloody Valentine
 The red heart is one of the most popular emojis.
 Valentine's Day-inspired emojis, with their heart shapes and cute colors, can be seen as a modern-day Valentine, of sorts. If you've ever texted your sweetie a heart to symbolize your love on Valentine's Day, you aren't alone. In 2024, the classic red heart was the second most-used emoji.
 On average, consumers plan to spend upwards of \$150 on their partners and loved ones.
 To be precise, the National Retail Federation estimates that consumers planned to spend an average of \$188.81 on their recipients in 2025. The standards are high!
 Galentine's Day is incredibly popular these days, too.
 The made-up holiday was first mentioned in a 2010 episode of the TV show Parks and Recreation, starting a massive, nearly unbelievable wave of "friend to friend" spending. The National Retail Federation states that since 2015, such friendly gift expenses have more than doubled to \$2.1 billion.
 People like to celebrate their pets on Valentine's Day.
 In 2024 alone, people planned to spend a whopping \$1.5 billion on their pets for the holiday of love. That means toys, clothes, beds, and more! The real question is, are gifts for our pets really just presents for ourselves?
 Valentine's Day costs a *lot* more than you might think.
 The National Retail Federation reported that Americans spent more than \$21 billion on Valentine's Day gifts in 2021 alone. And that was during the ongoing pandemic, for goodness' sake!
 The symbol of roses traces back to a mix-up in the 18th century.
 According to Time.com, the concept of flowers having different meanings dates back to the 18th century when Lady Montagu sent a series of letters from Turkey to her home in England describing the Turkish flower language known as sélam. She misinterpreted it to mean that every flower symbolizes a different sentiment used to send love letters. Though this wasn't exactly true, the concept spread throughout society with the publication of a dictionary for the language of flowers in 1819. In turn, sales of roses (a perceived symbol of love and beauty) skyrocketed in the 19th century.
 valentine's day facts lovebirdsH. Armstrong Roberts/ClassicStock//Getty Images
 12The term "lovebirds" isn't just a figure of speech.
 "Lovebirds" is commonly used to describe two people who are very much in love, especially around Valentine's Day. But did you know that the taxonomic origin of this figure of speech is more literal than its everyday use? The word is also the common name for Agapornis birds, native to Africa. The brightly colored parrots mate for life, travel in pairs, and even feed each other—similar to couples you might see when going out to eat on Valentine's Day.
 Valentine's Day is one of the most popular days to get engaged.
 According to a survey from Wedding Wire, Valentine's Day was the most popular day in 2020. This matches up with plenty of other surveys which have found that February 14 Christmas, and New Year's are all dates that people love to pop the question. The oldest known valentine was written from prison.
 Yep, you heard that right! Charles, the Duke of Orléans, was imprisoned in the Tower of London when he was 21 years old. In 1415, he wrote a letter to his wife with a poem that used the term "Valentine" to refer to her. The first line read, "My very gentle Valentine," and is considered by many to be the very first recorded valentine.
 later a lozenge-printing machine to print words onto candy.

AMETHYST

- Spiritual Enlightenment
- Connection to the Divine
- Support Sleep and Breathing Issues
- Reduce Stress and Anxiety
- Enhance Clarity of Thought
- Emotional Centering

MAIN USAGE
Spiritual Growth, Career

CHAKRA
Crown

ELEMENTS
Fire, Water

PLANET
Jupiter



ALT BIRTHSTONE BLOODSTONE



FLOWER: VIOLET



ALT. FLOWER PRIMROSE



COLORS ARE: LIGHT BLUE, YELLOW & PURPLE



Beauty Shop is open every Friday from 9:30-4:00. To schedule an appointment, please call Michelle @ 2245



- 1st Iris Searcy
- 2nd Nancy Gibbs
- 12th Arleen Doney
- 15th Janice Ralph
- 15th Sharon Meranda
- 16th Carolyn Gould
- 22nd Robert Filippeli
- 23rd Catherine Dowd
- 24th Doris Colvin
- 25th Jane Corrigan
- 28th Belinda Morales



VALENTINE'S DAY WORD SEARCH



D	F	X	G	W	T	D	C	N	G	O	D	I	P	U	C	X	L
X	E	Z	O	F	S	N	R	J	B	H	R	K	P	K	U	O	D
A	F	R	M	B	T	D	U	O	P	T	L	I	D	G	D	S	G
C	R	E	N	O	E	C	R	A	K	W	E	S	R	A	D	O	U
A	F	P	Q	U	R	E	H	E	A	R	T	S	A	N	L	D	H
N	F	U	E	Q	W	C	B	O	N	K	L	I	W	U	E	I	Y
D	Y	G	R	U	E	F	Q	A	C	E	I	Y	R	E	T	U	O
Y	E	P	T	E	E	F	V	N	L	O	F	S	R	W	S	C	U
Y	N	D	G	T	I	L	Y	E	F	S	L	I	Y	T	R	E	A
I	I	J	G	F	D	O	R	Y	T	E	W	A	G	B	M	R	Y
T	T	A	S	F	H	W	K	R	Y	E	W	Q	T	S	B	O	L
R	N	B	H	J	L	E	G	D	R	S	E	S	V	E	N	M	P
F	E	B	R	U	A	R	Y	I	Q	W	D	G	T	S	Y	A	I
T	L	J	R	D	H	S	R	D	S	G	T	V	W	O	B	N	P
E	A	I	J	E	W	X	Y	E	Z	G	X	M	D	R	A	C	F
E	V	O	L	E	T	W	S	N	F	T	N	E	I	V	O	E	U
F	R	T	E	U	J	R	Q	I	W	K	M	R	P	E	Y	B	N
X	I	T	S	H	G	J	E	M	J	D	N	E	I	R	F	K	L
T	P	E	R	B	X	R	H	E	M	E	X	A	N	E	R	M	R
Y	F	S	F	J	E	S	C	B	B	X	E	C	K	N	T	J	L

Arrow Cupid Love
 Be mine February Pink
 Bouquet Flowers Red
 Candy Friend Romance
 Card Hearts Roses
 Chocolate Hug Sweet
 Cuddle Kiss Valentine

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OAK MANOR AL/IL FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:00 Transport To St. Jerome's Catholic Church, Baptist Church & Anona Methodist Church</p> <p>10:30 GREATER GRACE NON-DENOMINATIONAL SERVICE-CH</p> <p>11:30-4:30 SUNDAY BUFFET-CH</p> <p>1:00 Card Game Of Choice-B1</p> <p>2:00 QUARTER BINGO-CH</p> <p>3:00 GOSPEL SING-A-LONG-CH</p>	<p>GROUND HOG DAY</p> <p>9:30 Yoga Chair Exercise Class-CH</p> <p>10:00 Dominoes-CH</p> <p>11:00 OUTING TO REC CENTER</p> <p>2:00 QUARTER BINGO-CH</p> <p>3:00 MONTHLY BIRTHDAY PARTY W/ SCOTT-CH</p> <p>4:00 MOVIE- CH</p>	<p>9:00 OUTING TO PUBLIX</p> <p>9:30 Walk Club: Meet Outside Of CH</p> <p>10:00 Balloon Volleyball-B2</p> <p>10:30 Current Events-B2</p> <p>10:00 COMMUNION-B1</p> <p>11:00 OUTING TO WALMART</p> <p>2:30 MAKING VALENTINE APPRECIATION CARDS FOR OUR LOVE WALL-B2</p> <p>3:00 BIBLE STUDY-AR</p> <p>3:00 Manicures-B2</p>	<p>9:30 Tai Chi Exercise-B2</p> <p>10:00 Yoga Chair Exercise-B2</p> <p>10:30 Scrabble-B2</p> <p>10:00 Dominoes-CH</p> <p>2:00 Painting-CH</p> <p>1:30 BALANCE CLASS W/ THERAPY-CH</p> <p>2:00 MAKING VALENTINE COOKIES-B2</p> <p>3:00 Card Game Of Choice-B1</p> <p>3:00 CHERRY PIE SOCIAL & SHARING SWEETHEART STORIES-CH</p>	<p>9:00 OUTING TO PUBLIX</p> <p>10:00 Bingo-B2</p> <p>10:00 Dominoes-CH</p> <p>11:00 OUTING TO CHINESE BUFFET</p> <p>2:00 Karaoke-B2</p> <p>3:00 Card Game Of Choice-B2</p> <p>3:00 BIG BUCKS BINGO-CH</p> <p>4:00 BIBLE STUDY W/ TINA-CH</p>	<p>10:00 Bingo-B2</p> <p>10:00 Cornhole-CC</p> <p>2:00 Manicures-B2</p> <p>2:00 NICKEL LRC-CH</p> <p>3:00 HAPPY HOUR W/ RASPBERRY CHEESECAKE & BLUSH COSMOPOLITANS (VODKA, CRANBERRY JUICE & TRIPLE SEC), BEER & WINE W/ MUSIC BY LES-CH</p>	<p>9:00 Coffee & Chat W/ Bridget-B2</p> <p>10:00 Quarter Bingo-B2</p> <p>2:00 BAKING COOKIES-B2</p> <p>3:00 Crafts-B2</p> <p>4:00 Wii Game-B2</p>
<p>10:00 Transport To St. Jerome's Catholic Church, Baptist Church & Anona Methodist Church</p> <p>10:30 GREATER GRACE NON-DENOMINATIONAL SERVICE-CH</p> <p>11:30-4:30 SUNDAY BUFFET-CH</p> <p>1:00 Card Game Of Choice-B1</p> <p>2:00 Quarter Bingo-CH</p> <p>3:00 PRE-SUPERBOWL PARTY-CH</p>	<p>9:30 Yoga Chair Exercise-CH</p> <p>10:00 Dominoes-CH</p> <p>11:00 OUTING TO REC CENTER</p> <p>2:00 QUARTER BINGO-CH</p> <p>3:00 CHOCOLATE FONDUE SOCIAL & VALENTINE TRIVIA-CH</p> <p>4:00 MOVIE-CH</p>	<p>9:00 OUTING TO THE FLORIDA STATE FAIR</p> <p>9:30 Walk Club: Meet Outside Of CH</p> <p>10:00 COMMUNION-B1</p> <p>10:00 Balloon Volleyball-B2</p> <p>1030 Guess The Word-B2</p> <p>2:00 MAKING CRYSTAL HEARTS</p> <p>3:30 Manicures-AR</p> <p>3:00 BIBLE STUDY-CH</p>	<p>9:30 Tai Chi Exercise-B2</p> <p>10:00 Dominoes-CH</p> <p>10:00 Rummikub-B2</p> <p>11:00-11:30 LARGO BOOKMOBILE-O</p> <p>1:30 BALANCE CLASS W/ THERAPY-CH</p> <p>2:00 PAINTING W/ JOHN-CH</p> <p>3:00 RED VELVET CUPCAKE SOCIAL & GUESS THE VALENTINE WORDS-CH</p>	<p>9:00 OUTING TO PUBLIX</p> <p>10:00 Bingo-B2</p> <p>11:00 OUTING TO CRACKER BARREL</p> <p>2:00 Karaoke-B2</p> <p>3:00 MAKING MARDI GRAS MASKS-B2</p> <p>3:00 BIG BUCKS BINGO-CH</p> <p>4:30 MEN'S NIGHT OUT</p>	<p>10:00 Bingo-B2</p> <p>1:00 TOWN HALL MEETING-CH</p> <p>2:00 Manicures-B2</p> <p>3:00 VALENTINE'S DAY PARTY W/ CHOCOLATE COVERED STRAWBERRIES & STRAWBERRY CHAMPAGNE, (CHAMPAGNE & STRAWBERRY LIQUEUR), BEER & WINE W/ MUSIC BY VAL-CH</p>	<p>VALENTINES DAY</p> <p>9:00 Coffee & Chat W/ Bridget-B2</p> <p>10:00 HEARTFELT BINGO W/ VALENTINE PRIZES-B2</p> <p>2:00 BEER & BILLIARDS-CH</p> <p>3:00 VALENTINE'S DAY SOCIAL-B2</p> <p>4:00 Wii Game-B2</p>
<p>10:00 Transport To St. Jerome's Catholic Church, Baptist Church, Anona Methodist Church</p> <p>10:30 GREATER GRACE NON-DENOMINATIONAL CHURCH SERVICE-CH</p> <p>11:30-4:30 SUNDAY BUFFET-CH</p> <p>1:00 Card Game Of Choice-B1</p> <p>2:00 Quarter Bingo-CH</p> <p>3:00 GOSPEL SING-A-LONG-CH</p>	<p>PRESIDENTS DAY</p> <p>9:30 Yoga Chair Exercise-CH</p> <p>10:00 Dominoes-CH</p> <p>11:00 OUTING TO REC CENTER</p> <p>2:00 QUARTER BINGO-CH</p> <p>3:00 STRAWBERRY SHORTCAKE & FAMOUS COUPLES TRIVIA-CH</p> <p>4:00 MOVIE-CH</p>	<p>MARDI GRAS</p> <p>9:00 OUTING TO PUBLIX</p> <p>9:30 Walk Club: Meet Outside Of CH</p> <p>10:00 CATHOLIC MASS-B2</p> <p>10:00 Noodleball-B2</p> <p>10:30 Current Events-B2</p> <p>11:00 OUTING TO WALMART</p> <p>2:00 MARDI GRAS PARTY W/ JERRY CHASE-CH</p> <p>3:00 BIBLE STUDY-AR</p> <p>3:00 Manicures-B2</p>	<p>9:30 Tai Chi Exercise-B2</p> <p>10:00 Dominoes-CH</p> <p>10:30 Scrabble-B2</p> <p>11:00 BABES WHO BRUNCH-CH</p> <p>1:30 BALANCE CLASS W/ THERAPY-CH</p> <p>2:00 Painting-CH</p> <p>2:00 MAKING STRAWBERRY SMOOTHIES-B2</p> <p>3:00 Card Game Of Choice-B1</p> <p>3:00 DESSERT BAR-CH</p>	<p>9:00 OUTING TO PUBLIX</p> <p>10:00 Bingo-B2</p> <p>11:00 OUTING TO RED LOBSTER</p> <p>2:00 Karaoke-B2</p> <p>3:00 Card Game Of Choice-B2</p> <p>3:00 BIG BUCKS BINGO-CH</p> <p>4:00 BIBLE STUDY W/ TINA-CH</p> <p>5:00 LADIES NIGHT OUT</p>	<p>9:30 Cornhole-CC</p> <p>10:00 Bingo-B2</p> <p>2:00 NICKEL LRC-CH</p> <p>2:00 Manicures-B2</p> <p>3:00 HAPPY HOUR W/ CHOCOLATE MOUSSE & ESPRESSO MARTINIS (VODKA, EXPRESSO & COFFEE LIQUEUR), BEER & WINE W/ MUSIC BY PAUL MILLER-CH</p>	<p>9:00 Coffee & Chat W/ Bridget-B2</p> <p>10:00 Quarter Bingo-B2</p> <p>2:00 Baking Cookies-B2</p> <p>3:00 Crafts-CH</p> <p>4:00 Wii Game-B2</p>
<p>10:00 Transport To St. Jerome's Catholic Church, Baptist Church, & Anona Methodist Church</p> <p>10:30 GREATER GRACE NON-DENOMINATIONAL CHURCH SERVICE-CH</p> <p>11:30-4:30 SUNDAY BUFFET-CH</p> <p>1:30 Card Game Of Choice-B1</p> <p>2:00 Quarter Bingo-CH</p> <p>3:00 GOSPEL SING-A-LONG-CH</p>	<p>9:30 Yoga Chair Exercise Class-CH</p> <p>10:00 Dominoes-CH</p> <p>11:00 OUTING TO REC CENTER</p> <p>2:00 QUARTER BINGO-CH</p> <p>3:00 DARK CHOCOLATE BROWNIE BAR W/ TOPPINGS & SWEET SAYINGS TRIVIA-CH</p>	<p>9:00 OUTING TO PUBLIX</p> <p>9:30 Walk Club: Meet Outside Of CH</p> <p>10:00 COMMUNION-B1</p> <p>10:00 Balloon Volleyball-B2</p> <p>10:30 Guess The Word-B2</p> <p>11:00 OUTING TO TARGET & FIVE BELOW</p> <p>2:30 MAKING HEART SUNCATCHERS-B2</p> <p>3:00 Manicures-B2</p> <p>3:00 BIBLE STUDY-AR</p>	<p>9:30 Tai Chi Exercise-B2</p> <p>10:00 Dominoes-CH</p> <p>10:00 Rummikub-B2</p> <p>11:00-11:30 LARGO BOOKMOBILE-O</p> <p>1:30 BALANCE CLASS W/ THERAPY-CH</p> <p>2:00 Painting-CH</p> <p>3:00 STRAWBERRY CHEESECAKE SOCIAL & TRIVIA-CH</p>	<p>9:00 OUTING TO PUBLIX</p> <p>10:00 Bingo-B2</p> <p>11:00 OUTING TO LARGO FAMILY RESTAURANT</p> <p>2:00 Karaoke-B2</p> <p>3:00 Card Game Of Choice-B2</p> <p>4:00 FRIENDS & FAMILY SWEETHEART DANCE-CH</p>	<p>10:00 Bingo-B2</p> <p>10:00 Shuffleboard-O</p> <p>2:00 NICKEL LRC-CH</p> <p>2:00 Manicures-B2</p> <p>3:00 HAPPY HOUR W/ STRAWBERRY CREAM PIE & STRAWBERRY VANILLA MARTINIS, (VANILLA VODKA, CREAM & STRAWBERRY LIQUEUR), BEER & WINE W/ MUSIC BY SCOTT-CH</p>	<p>9:00 Coffee & Chat W/ Bridget-B2</p> <p>10:00 Quarter Bingo-B2</p> <p>2:00 BEER & BILLIARDS-CH</p> <p>3:00 Crafts-B2</p> <p>4:00 Wii Game-B2</p>
<p>THEME FOR THE MONTH: LOVE, KINDNESS & HEARTWARMING TREATS</p>	<p>ROOM KEY CH=Clubhouse L=Library in CH O=Outside B1=Building 1 Pine Oaks B2=Building 2 Laurel Oaks CC=Center Court CHL=Clubhouse Library DR=Dining Room</p>			