



## SEPTEMBER MOVIE GENRE THEMED EVENTS

These events for the month will be based on Sci-Fi/Superhero movies. We will be featuring a different movie each week, and the activities will be centered around that movie.

### WEEK ONE: "SUPERHERO"

2nd Movie: "Batman"

3rd Making Superhero Masks

4th Making "Batman" Alfred's Cumcumber Sandwiches

5th Mini Superhero Sandwich Social & Superhero Trivia

### WEEK THREE: "ALIEN WEEK"

14th Alien Movie

15th Reese's Pieces Social

16th Movie: "E.T."

17th Making Alien Slime

18th Making Martian Marshmallows

19th Astroid Bite (Meatballs) Social & Alien Movie Trivia

### WEEK FOUR "JURASSIC PARK"

22nd Brontosaurus Burger Social & Trivia

23rd Movie: "Jurassic Park"

24th Making Fossils

25th Making Dinosaur Dirt Cups

26th Pterodactyl Bites (Chicken Nuggets) & Trivia

### WEEK FIVE: "STAR "

28th Superhero/Sci-Fi Movie

29th Chewbacca Chicken Wing S

30th Movie; "Star Wars"



## SOCIALS

1st Labor Day Party w/ Ice Cream Sundaes

5th Mini Hero Sandwiches

7th Bucs Watch Party w/ Chicken Wings

8th Pizza Party

12th Tropical Fruit Social

15th Reese's Pieces Social

19th Asteroid Bites (Meatballs) Social

22nd Brontosaurus Burger Bites

26th Pterodactyl Bites (Chicken Nuggets)

29th Chewbacca Chicken Wing Social



## LABOR DAY FUN FACTS

1. It's always a Monday  
Labor Day lands on the first Monday in September, that's by design, giving everyone a guaranteed three-day weekend.

2. The first big celebration was in NYC (1882)

On September 5, 1882, about 10,000 workers marched in New York City to demand better working conditions.

3. Oregon went first  
Oregon was the first state to make Labor Day official, back in 1887.

4. It became a federal holiday in 1894  
President Grover Cleveland signed the law on June 28, 1894, making it official nationwide.

5. Who "invented" it? Two guys with almost the same name. Historians still debate: was it Peter J. McGuire or Matthew Maguire? Both were involved in that first NYC parade.

6. Parades + parties were part of the plan  
The earliest celebrations called for a street parade, then a festival, which is pretty much how many people celebrate today.

7. There was also a "Labor Sunday"  
In 1909, the American Federation of Labor suggested the Sunday before Labor Day for the movement's "spiritual and educational" side.

8. It's the "unofficial end of summer"  
The holiday is seen as the symbolic end of summer; parades, barbecues, and ball games make it one of the season's last big hurrahs.

9. "No wearing white after Labor Day"? Outdated  
The fashion "rule" goes back to old social norms, but today it's more myth than mandate.

10. Canada celebrates too  
In the U.S. and Canada, Labor Day/Labor Day falls on the first Monday in September; many other countries honor workers on May 1.

Bonus Fact: Pop Culture Throwback

The MDA "Jerry Lewis" Telethon ran every Labor Day weekend for decades, raising billions for charity.

## INDEPENDENT IN ROOM ACTIVITIES

If you would like any books, cards, word search, crossword or sudoku puzzles, adult coloring pages etc., please call ext 2162 with your name, room number and what you would like and we will bring it to your room.

## REHAB & NURSING CENTER NEWSLETTER

# Oak Manor

SENIOR LIVING COMMUNITY



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## OUR MAIN CHARACTER FOR THIS MONTH IS: JANICE O'BRIEN DEBONA



Janice was born in Hartford Connecticut on February, 19, 1948, to Elizabeth & Thomas O'Brien.

She has a twin brother, John, another brother, Tommy & a sister, Betty.

Janice also has two sons, Robert & Jason, a daughter, Shelly, and two grandchildren, Brennan & Kaila.

When Janice lived in Connecticut, she worked for UCONN in the medical specialties dept. She moved to Florida in 1988.

Janice worked at the Cancer Center in Largo and then at Bardmoor, where she was the front desk manager.

Janice loved to dance. She would go to the club, New York, New York to dance on the weekends. She was also on a dance show.

As a child, Janice did a lot of swimming and even won trophies.

Janice married her husband, Henry Debona in 2007. The two of them have traveled in the United States and even went to Ireland on their honeymoon.

Janice said that what she likes about Oak Manor is socializing with everyone, playing bingo and the live entertainment.

Janice, thank you for being a part of the Oak Manor family!



## OAK MANOR DEPARTMENT MANAGERS

### ADMISSIONS

Kim Hyer: ext. 2115

### ADMINISTRATOR

Natalie LaForest ext.2267

### ACTIVITIES:

Cindy LaVine ext. 2162

### DIRECTOR OF NURSING

Frantz David, ext. 2110

### CO-ASST. DIRECTOR OF NURSING

Bo Ornduff ext. 2104

### CO-ASST. DIRECTOR OF NURSING

Amy Kane Ext. 2218

### EXECUTIVE DIRECTOR/OWNER

Brad Graham ext. 2111

### FOOD SERVICES

Ashley Morris ext. 2237



### HOUSEKEEPING

Jose Bones ext. 2119

### MAINTENANCE DIRECTOR

Bradley Schurman 3330

### PHYSICAL THERAPY

Jenny Zirbel, ext. 2128

### RESIDENT ACCOUNTS

Holly-Greene-Stephany, Ext. 2216

### SECURITY

Robert Tippit 2200 or (727) 482-3930

### SOCIAL SERVICES

Jessica Sewell ext. 2117

### SOCIAL SERVICES

Mikayla Hearn ext. 2114

## COOKING

4th "Batman" Alfred's  
Cucumber  
Sandwich  
11th Ice Cream  
Sundaes  
18th Making Martian  
Marshmallows  
25th Making  
Dinosaur Dirt Cups



5:30 Worship Anew 4  
6:00 Baptist Church 4  
6:30 Catholic Mass 22  
7:00 Church 32  
8:00 Catholic Mass 18  
8:30 Joel Olsteen 32  
9:00 Joel Olsteen 38  
9:30 Mass 4



## OUTINGS

5th Olive Garden  
19th Cracker Barrel



## DINE-IN

12th McDonald's  
26th Chick-fil-a



## RELIGIOUS SERVICE

Suncoast Community  
Church will not be here  
~~XdfZVg - WZ~~  
Mount Caramel Church  
is here the 2nd Sunday  
of each month. Please  
check your calendar for  
dates.

## ALTERNATE MENU FOR MEALS

If you do not like what is on our menu, you may  
order any of these

alternatives:

Cottage Cheese & Fruit Plate  
Grilled Cheese  
Cheeseburger  
Hamburger  
Chef Salad  
Hot Dog  
Chicken Tenders  
Baked Fish  
Tuna Salad  
Chicken Salad  
Egg Salad  
Chef Salad  
Grilled Chicken Sandwich  
Spaghetti & Meat Sauce



## Patriot Day

Holiday observed in the United States on September 11 to  
commemorate the lives of those who died in the 2001  
terrorist attacks on the World Trade Center in New York  
City and the Pentagon in Virginia and those who perished  
when the hijacked United Airlines Flight 93 crashed in  
Pennsylvania. The holiday also recognizes those who died  
attempting to rescue people trapped by the attacks. **GOD  
BLESS THE U.S.A.**





Grandparents Day Fun Facts

Grandparents Day was the brainchild of Marian McQuade of Fayette County, W.Va., who hoped to persuade grandchildren to tap the wisdom and heritage of their grandparents.

The first presidential proclamation was issued in 1978, and one has been issued each year since then designating the first Sunday after Labor Day as National Grandparents Day.

Today, the forget-me-not is the official flower of Grandparents Day, and "A Song for Grandma and Grandpa" written in 2004 by composer Johnny Prill has become the day's official anthem.The average age of a U.S. grandparent is 48, and more than half are baby boomers.

According to US Census data, one in three adults will be a grandparent in the year 2020.

Economic conditions have also cast some American grandparents as a main economic support and roles as primary caregivers for their families :

There are over 70 million grandparents in the United States today!

7 million - Number of grandparents who live with any of their grandchildren under 18. Most of these grandparents (4.5 million) maintain their own household.

2.7 million - Number of grandparents responsible for most of the basic needs (i.e., food, shelter, clothing) of one or more of the grandchildren they live with. These grandparents represent 43 percent of all grandparents who live with their grandchildren. Of these caregivers, 1.5 million are grandmothers and 900,000, grandfathers.

1.7 million - Number of grandparents who are in the labor force and simultaneously responsible for most of the basic needs of their grandchildren.

Grandparents love to spend money on their grandchildren. \*According to an AARP report, 40% of grandparents spend over \$500 on their grandkids in twelve months. While most of this is on holidays and birthdays, grandparents are also helping with education costs, medical or dental bills, and everyday living costs.

Grandparents stay close to their grandchildren. 69% of grandparents live within 50 miles of their grandchildren. When grandparents do live a considerable distance away, they make sure they see their grandkids. 43% have traveled over 200 miles to see their grandchildren.

58% of grandparents say they talk to their grandchild at least once a week. Grandchildren are coming to their grandparents for advice now more than ever.

Samuel S. Mast of Pennsylvania holds the record for having the most living descendants. He passed away in 1992, but he fathered 11 children, 97 grandchildren, 634 great-grandchildren and 82 great-great-grandchildren. That's a big family!

Barack Obama and Oprah Winfrey were raised by their grandparents. Talk about good influences!

Many celebrities have become grandparents at a young age. Loretta Lynn became a grandparent at age 29 and CeeLo Green at age 35.

Of the twenty women in the state Senate, half of them are grandmothers.

Grandparents are becoming more tech savvy; more than half are on social media sites and share photos online.

More than half of grandparents play video games with their grandchildren. Now the kids are the teachers! Slightly more than 10% of grandparents have tattoos. Can you imagine what this number will be when the twenty-somethings of today are grandparents?

Between 2015 and 2050, the proportion of the world’s population who is over 60 will nearly double from 12% to 22%.

As of 2020, the number of people aged 60 and over outnumber children younger than 5.

In 2050, 80% of older people will be living in low- and middle-income countries.

The pace of population aging is much faster than in the past.

All countries face major challenges to ensure that their health and social systems are ready to cater for this demographic shift.



ALT. BIRTHSTONE: AGATE



FLOWER: ASTER



ALT. FLOWER: MORNING GLORY



COLORS ARE: BROWN & DEEP BLUE



The Beauty Shop is open every Tuesday & Wednesday from 9:30-4:00 To schedule an appointment, call Michelle @ ext. 2102



- 6th Jane Huter
- 9th Sallie Elmore
- 12th David Culbertson
- 14th Maryann Metzger
- 15th Agnes Mikles
- 15th Donna Rainer
- 16th Arthur Costello
- 19th Nancy Kugel
- 19th Delores Salim
- 21st Jindra Kopecky
- 23rd Andrea Dramis
- 30th Elinore Ralston
- 30th Nao Sanchez Lauffer

Grandparents Day

Y D N A C K N O I T A C A V K X R  
M F S O J C U A A M M P J F R J E  
I O K I S S E S C O C A U K N A V  
M M A L W E J J O V H N Q A D S O  
I L O S A Z P E Z I F Q O M L T P  
M X B O M X S O A E A H O D I N E  
A H I Z E N P W P S H K C N H E E  
G P M Q M S P Z L P E Z O A C R L  
H G N I M M I W S E Y A O R D A S  
P C R E H U G S S G M I K G N P F  
E S T E E W S D A G W L I L A D A  
E S G D Y V N G N R K A E V R N P  
P L E Y L A O B A A R U S X G A L  
A S X M E J T L N N A G J C S R A  
W Z M D A E G H W D P H L A Z G Y  
S L I D E G M W H P Q T I C K L E  
D H T G Q Z G A P A P S Z A T J R

Grandparents	hideandseek	grandchild	sleepover	swimming
vacation	cookies	grandma	grandpa	kisses
sweets	movies	peepaw	tickle	games
slide	candy	memaw	poppy	laugh
hugs	park	mimi	play	love
papa	nana	fun	pa	ma



# OAK MANOR REHAB & NURSING SEPTEMBER &\$&5

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MOVIE GENRE MONTH: SCI-FI/ SUPERHERO MONTH</b> 	<b>LABOR DAY "SUPERHERO WEEK" 1</b> 8:30 1:1 Visits-IR <b>10:00 ACP VR PHYSICAL &amp; MENTAL EXERCISES-EDR</b> 10:00 Toss & Talk-CDR 10:30 Reminiscing-CDR 10:45 Sensory Stimulation-CDR <b>LABOR DAY LUNCHEON 2:00 LABOR DAY PARTY W/ JK CRUM-CDR</b> 3:00 Guess The Word-CDR 3:00 Sensory-WDR 4:00 Trivia-CDR	<b>2</b> 8:30 1:1 Visits-IR <b>10:00-11:00 COMMUNION-IR</b> <b>10:00 ROSARY-CDR</b> 2:00 Baking Cookies-CDR 2:15 Would You Rather Game-CDR 3:00 Bingo-CDR <b>4:00 MOVIE: "BATMAN"-CH</b>	<b>3</b> 8:30 1:1 Visits-IR <b>10:00 ACP VR PHYSICAL &amp; MENTAL EXERCISES-CDR</b> 10:00 Cardio Drumming-EDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 MAKING SUPERHERO MASKS-CDR</b> 2:00 Baking Cookies/Trivia-EDR 3:00 Family Feud-CDR 3:00 Sensory-WDR 4:00 Bingo-CDR	<b>4</b> 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 MAKING "BATMAN" ALFRED'S CUCUMBER SANDWICHES- CDR</b> 3:00 LRC-CDR	<b>5</b> 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:45 Appetizing Stimuli-CDR <b>11:00 OUTING TO OLIVE GARDEN</b> 2:00 Bingo-CDR <b>3:00 MINI HERO SANDWICH SOCIAL &amp; SUPERHERO TRIVIA-CDR</b>	<b>6</b> 8:30 1:1 Visits-IR 10:00 Exercise--CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR 2:00 LRC-CDR 3:00 Painting-CDR
<b>GRANDPARENTS DAY TRAVEL WEEK 7</b> 8:30 1:1 Visits-IR <b>9:00 TELEVISED CHURCH SERVICE-CDR</b> 10:00 Manicures-CDR 10:30 Sensory Programs-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 BUCS WATCH PARTY W/ CHICKEN WINGS-CDR</b> 3:00 Bingo-CDR <b>3:15 ACTIVITY CART VISITS-IR</b>	<b>8</b> 8:30 1:1 Visits-IR <b>10:00 ACP VR PHYSICAL &amp; MENTAL EXERCISES-EDR</b> 10:00 Exercise-CDR 10:30 Reminiscing-CDR 10:45 Sensory Stimulation-CDR <b>2:00 FOOD COMMITTEE &amp; RESIDENT COUNCIL MEETINGS-CDR</b> <b>2:30 PIZZA PARTY-CDR/EDR</b> 3:00 Guess The Word-CDR 3:00 Sensory-WDR <b>4:00 ITALY ARMCHAIR TRAVEL-CDR</b>	<b>9</b> 8:30 1:1 Visits-IR <b>10:00-11:00 COMMUNION-IR</b> <b>10:00 ROSARY-CDR</b> 2:00 Baking Cookies-CDR 2:15 Would Your Rather Game-CDR 3:00 Bingo-CDR <b>4:00 CHINA ARMCHAIR TRAVEL-CDR</b>	<b>10</b> 8:30 1:1 Visits-IR <b>10:00 ACP VR PHYSICAL &amp; MENTAL EXERCISES-CDR</b> 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 COLORING MEXICAN LANDSCAPES-CDR</b> <b>3:00 MUSIC W/ MIKE-CDR</b> 4:00 Bingo-CDR	<b>PATRIOT DAY 11</b> 8:30 1:1 Visits-IR <b>10:00 CARDIO DRUMMING TO PATRIOTIC MUSIC-CDR</b> 10:00 Dominoes-EDR <b>10:30 U.S.A. TRIVIA-CDR</b> 10:45 Appetizing Stimuli-CDR <b>2:00 MAKING ALL AMERICAN ICE CREAM SUNDAES-CDR/EDR</b> 3:00 Sensory-WDR 3:00 LRC-CDR <b>4:00 USA ARMCHAIR TRAVELS-CDR</b>	<b>12</b> 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:45 Appetizing Stimuli-CDR <b>11:00 DINE-IN FROM MCDONALD'S</b> 2:00 Bingo-CDR <b>3:00 TROPICAL FRUIT &amp; CARIBBEAN TRIVIA-CDR</b> <b>4:00 CARIBBEAN ARMCHAIR TRAVEL-CDR</b>	<b>13</b> 8:30 1:1 Visits-IR 10:00 Exercise-CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR 2:00 LRC-CDR 3:00 My 2 Cents Game-CDR
<b>MOVIE THEME FORTHE WEEK: "ALIEN WEEK" 14</b> 8:30 1:1 Visits-IR <b>9:00 TELEVISED CHURCH SERVICE-CDR</b> <b>9:30 MT. CAMEL CHURCH SERVICE-CDR</b> 10:00 Manicures-CDR 10:30 Sensory Programs-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR <b>3:00 ALIEN MOVIE-CDR</b> <b>3:15 ACTIVITY CART VISITS-IR</b>	<b>15</b> 8:30 1:1 Visits-IR 10:00 Toss & Talk-CDR <b>10:00 ACP VR PHYSICAL &amp;MENTAL EXERCISES-EDR</b> 10:30 Reminiscing-CDR 10:45 Sensory Stimulation-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 REESE'S PIECES SOCIAL-CDR/EDR</b> <b>2:30 GUITAR MUSIC W/ DOUG-CDR</b> 3:00 Guess The Word-CDR 3:00 Sensory-WDR 4:00 Trivia-CDR	<b>16</b> 8:30 1:1 Visits-IR <b>10:00-11:00 COMMUNION-IR</b> <b>10:00 ROSARY-CDR</b> 2:00 Baking Cookies-CDR 2:15 Would You Rather Game-CDR 3:00 Bingo-CDR <b>4:00 MOVIE: "ET"-CDR</b>	<b>17</b> 8:30 1:1 Visits-IR <b>10:00 ACP VR PHYSICAL &amp; MENTAL EXERCISES-CDR</b> 10:00 Cardio Drumming-EDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 MAKING ALIEN SLIME-CDR</b> 2:00 Baking Cookies & Trivia-EDR 3:00 Sensory-WDR 3:00 Family Feud-CDR 4:00 Bingo-CDR	<b>18</b> 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 MAKING MARTIAN MARSHMALLOWS-CDR</b> <b>3:00 MUSIC W/ VAL-CDR</b>	<b>19</b> 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:45 Appetizing Stimuli-CDR <b>11:00 OUTING TO CRACKER BARREL</b> 2:00 Bingo-CDR <b>3:00 ASTEROID BITES (MEATBALLS) SOCIAL &amp; ALIEN MOVIE TRIVIA-CDR</b>	<b>20</b> 8:30 1:1 Visits-IR 10:00 Exercise-CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR 2:00 LRC-CDR 3:00 Painting-CDR
<b>MOVIE THEME FOR THE WEEK: "JURASSIC PARK" 21</b> 8:30 1:1 Visits-IR <b>9:00 TELEVISED CHURCH SERVICE-CDR</b> 10:00 Manicures-CDR 10:30 Sensory Programs-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR <b>3:00 SUPERHERO/SCI-FI MOVIE-CDR</b>	<b>AUTUMN BEGINS 22</b> 8:30 1:1 Visits-IR 10:00 Toss & Talk-CDR <b>10:00 ACP VR PHYSICAL &amp; MENTAL EXERCISES-EDR</b> 10:30 Reminiscing-CDR 10:45 Sensory Stimulation-CDR <b>2:00 BRONTOSAURUS BURGER SOCIAL &amp; TRIVIA-CDR/EDR</b> 3:00 Sensory-WDR 3:00 Guess The Word-CDR 4:00 Reminiscing-CDR	<b>23</b> <b>8:30 1:1 Visits-IR10:00-11:00 COMMUNION-IR</b> <b>10:00 ROSARY-CDR</b> 2:00 Baking Cookies-CDR 2:15 Would You Rather Game-CDR 3:00 Bingo-CDR <b>4:00 MOVIE PREMIERE: JURASSIC PARK"-CDR</b>	<b>24</b> 8:30 1:1 Visits-IR <b>10:00 ACP VR PHYSICAL &amp; MENTAL EXERCISES-CDR</b> 10:00 Cardio Drumming-EDR 10:30 Current Events-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 MAKING FOSSILS-CH</b> 2:00 Baking Cookies & Trivia-EDR 3:00 Sensory-WDR 3:00 Ice Breakers-CDR 4:00 Bingo-CDR	<b>25</b> 8:30 1:1 Visits-IR 10:00 Cardio Drumming-CDR 10:00 Dominoes-EDR 10:30 Reminiscing-CDR 10:45 Appetizing Stimuli-CDR <b>2:00 MAKING DINOSAUR DIRT CUPS-CDR/EDR</b> 2:30 Trivia-CDR 3:00 LRC-CDR 3:00 Sensory-WDR	<b>26</b> 8:30 1:1 Visits-IR 10:00 Manicures-CDR 10:45 Appetizing Stimuli-CDR <b>12:00 DINE-IN FROM CHICK-FIL-A</b> 2:00 Bingo-CDR <b>3:00 PTERODACTYL BITES (CHICKEN NUGGETS) &amp; TRIVIA-CDR</b>	<b>27</b> 8:30 1:1 Visits-IR 10:00 Exercise-CDR 10:30 Trivia-CDR 10:45 Appetizing Stimuli-CDR 2:00 LRC-CDR 3:00 My 2 Cents Game-CDR
<b>MOVIE THEME FOR THE WEEK: "STAR WARS" 28</b> 8:30 1:1 Visits-IR <b>9:00 TELEVISED CHURCH SERVICE-CDR</b> 10:00 Manicures-CDR 10:30 Sensory Programs-CDR 10:45 Appetizing Stimuli-CDR 2:00 Bingo-CDR <b>3:00 SUPERHERO/SCI-FI MOVIE-CDR</b>	<b>29</b> 8:30 1:1 Visits-IR <b>10:00 GOD'S PICKERS FIRE CHOIR-CDR</b> <b>10:00 ACP VR PHYSICAL &amp; MENTAL EXERCISES-EDR</b> 10:45 Appetizing Stimuli-CDR <b>2:00 CHEWBACCA CHICKEN WING SOCIAL &amp; TRIVIA-CDR/EDR</b> 3:00 Guess The Word-CDR 3:00 Sensory-WDR 4:00 Reminiscing-CDR	<b>30</b> 8:30 1:1 Visits-IR <b>10:00-11:00 COMMUNION-IR</b> <b>10:00 ROSARY-CDR</b> 2:00 Baking Cookies-CDR 2:15 Would You Rather Game-CDR 3:00 Bingo-CDR <b>4:00 MOVIE PREMIERE: "STAR WARS"-CDR</b>				ROOM KEY O=OUTSIDE IR=IN ROOM CDR=CENTRAL DINING ROOM EDR=EAST DINING ROOM WDR=WEST DINING ROOM CY=COURTYARD AR=ACTIVITY ROOM WW=WEST WING CW=CENTRAL WING H=HALL