







SEPTEMBER MOVIE GENRE THEMED EVENTS

These events for the month will be based on Superhero/ Sci-Fi Movies. We will be featuring a different movie each week, and the activities will be centered around that movie.

WEEK ONE: "SUPERHERO"

1st Movie:: "Batman"

2nd Making Superhero Capes & Sci-Fi Centerpieces 3rd Making "Batman" Alfred's Famous Cucumber

Sandwiches

4th Making "Thank A Hero Cards"

5th Happy Hour w/ Superman Cocktails & Mini Hero

Sandwiches

WEEK THREE: "ALIEN WEEK"

14th Alien Movie

15th Reese's Pieces Social, E.T. Trivia & Movie: "E.T." 16th Making Galactic Slime & Alien Friendship Jewelry

17th Making Martian Marshmallows & Planet Toss

18th Glow In The Dark Social w/ Dried Fruit

19th Happy Hour w/ Asteroid Bites & Martian

Cocktails

22nd Brontosaurus Burgers & "Jurassic Park" Trivia

23rd Dino Egg Excavation

24th Making Leaf Prints

25th Making Fossils & "Jurassic Park" Friends & Family 26th Happy Hour w/ Jurassic Jungle Juice & Pterodactyl Bites

WEEK FIVE "STAR WARS"

28th Sci-Fi/Superhero Movie

29th Chewbacca Chicken Wing Social & "Star Wars"

Trivia & Movie: "Star Wars"

30th Jedi Saber Wars & Making Star Wars Memory Jar

1000 1000 LINE

Please make sure that you listen to the 1000 line daily. Activities are listed on your calendar but are subject to change. The 1000 line will inform you if there are any updates.

LABOR DAY FUN FACTS



1. It's always a Monday

Labor Day lands on the first Monday in September, that's by design, giving everyone a guaranteed three-day weekend.

2. The first big celebration was in NYC (1882)

On September 5, 1882, about 10,000 workers marched in New York City to demand better working conditions.

3. Oregon went first

Oregon was the first state to make Labor Day official, back in 1887.

4. It became a federal holiday in 1894

President Grover Cleveland signed the law on June 28, 1894, making it official nationwide.

5. Who "invented" it? Two guys with almost the same name. Historians still debate: was it Peter J. McGuire or Matthew Maguire? Both were involved in that first NYC parade.

6. Parades + parties were part of the plan

The earliest celebrations called for a street parade, then a festival, which is pretty much how many people celebrate today.

7. There was also a "Labor Sunday"

In 1909, the American Federation of Labor suggested the Sunday before Labor Day for the movement's "spiritual and educational" side.

8. It's the "unofficial end of summer"

The holiday is seen as the symbolic end of summer; parades, barbecues, and ball games make it one of the season's last big hurrahs.

9. "No wearing white after Labor Day"? Outdated The fashion "rule" goes back to old social norms, but today it's more myth than mandate.

10. Canada celebrates too

In the U.S. and Canada, Labor Day/Labour Day falls on the first Monday in September; many other countries honor workers on May 1.

Bonus Fact: Pop Culture Throwback

The MDA "Jerry Lewis" Telethon ran every Labor Day weekend for decades, raising billions for charity.

Happy Labor Day!



WELCOME NEW RESIDENTS

William Hughes Mary Gallagher Gary Morris





SENIOR LIVING COMMUNITY

SEPTEMBER 2025

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COOKING

3rd Making "Batman" Alfred's Famous Cucumber Sandwiches 17th Making Martian Marshmallows



OUTINGS

8th Rec Center 9th Publix, Target & Five Below 11th Publix & Largo

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Family Restaurant 15th Rec Center 16th Publix & Walmart

18th Publix & Quaker, Steak n' Lube

22nd Rec Center 23rd Publix, Burlington, TJ Maxx, Bealls & Burger

King 25th Publix & Olive Garden

29th Rec Center 30th Publix & Walmart















FRIENDS & **FAMILY:**

" JURASSIC PARK"

Our theme for this month for Friends & Family is

"JURASSIC PARK". The theme is safari. It will take place on the 25th. The time is now 4:00-6:00.

Remember it is imperative that you **R.S.V.P. for this event.** Please sign up at the the clubhouse by the 22nd. There is a limit of two guests per person.

REC CENTER

There will be no outing to the rec center on the 1st due to Labor Day

ASSISTED LIVING WEEK

September 7-13 is Assisted Living Week. The theme for this year is "Ageless Adventures". We will be traveling to different countries throughout the week. The themes are listed below:

Sunday: Grandparent's Day Buc's Watch Party

Monday: "A Day In Italy" w/ Bocce Ball, Italy Trivia, Italian Pizza Party & Italy Armchair Travel

Tuesday is : A Day In China w/ Tai Chi Exercise, China Trivia, Egg Rolls & Green Tea Social & Origami Crafts

Wednesday: "A Day In Mexico" w/ Seated Salsa Dancing w/ Marracas, Mexico Trivia, Painting Mexico Landscapes, Mini Taco & Margarita Social & Mexico Armchair Travel

Thursday: "A Day In The USA" w/ Exercise To Patriotic Music, USA Trivia, Ice Cream Social & USA Music & Dance w/ Val

Friday: "A Day In The Caribbean" w/ Making Tropical Smoothies, Caribbean Party w/ Steel Drum Music, Tropical Fruit Boat & Pina Coladas, Sea Shell Art & USA Armchair Travel

Saturday is "A Day In France" w/ A French Spa & Baguette & Croissant Social.



Patriot Day

Holiday observed in the United States on September 11 to commemorate the lives of those who died in the 2001 terrorist attacks on the World Trade Center in New York City and the Pentagon in Virginia and those who perished when the hijacked United Airlines Flight 93 crashed in Pennsylvania. The holiday also recognizes those who died attempting to rescue people trapped by the attacks. GOD BLESS THE U.S.A.



CATHOLIC MASS

Catholic Mass is taking place on the third Tuesday of every month @ 10:00 upstairs in B2.



GRANDPARENTS DAY FUN FACTS

Grandparents Day was the brainchild of Marian McQuade of Fayette County, W.Va., who hoped to persuade grandchildren to tap the wisdom and heritage of their grandparents.

The first presidential proclamation was issued in 1978, and one has been issued each year since then designating the first Sunday after Labor Day as National Grandparents Day.

Today, the forget-me-not is the official flower of Grandparents Day, and "A Song for Grandma and Grandpa" written in 2004 by composer Johnny Prill has become the day's official anthem. The average age of a U.S. grandparent is 48, and more than half are baby boomers.

According to US Census data, one in three adults will be a grandparent in the year 2020.

Economic conditions have also cast some American grandparents as a main economic support and roles as primary caregivers for their families :

There are over 70 million grandparents in the United States today!

7 million - Number of grandparents who live with any of their grandchildren under 18. Most of these grandparents (4.5 million) maintain their own household.

2.7 million - Number of grandparents responsible for most of the basic needs (i.e., food, shelter, clothing) of one or more of the grandchildren they live with. These grandparents represent 43 percent of all grandparents who live with their grandchildren. Of these caregivers, 1.5 million are grandmothers and 900,000, grandfathers.

1.7 million - Number of grandparents who are in the labor force and simultaneously responsible for most of the basic needs of their grandchildren.

Grandparents love to spend money on their grandchildren. *According to an AARP report, 40% of grandparents spend over \$500 on their grandkids in twelve months. While most of this is on holidays and birthdays, grandparents are also helping with education costs, medical or dental bills, and everyday living costs.

Grandparents stay close to their grandchildren. 69% of grandparents live within 50 miles of their grandchildren. When grandparents do live a considerable distance away, they make sure they see their grandkids. 43% have traveled over 200 miles to see their grandchildren.

58% of grandparents say they talk to their grandchild at least once a week. Grandchildren are coming to their grandparents for advice now more than ever.

Samuel S. Mast of Pennsylvania holds the record for having the most living descendants. He passed away in 1992, but he fathered 11 children, 97 grandchildren, 634 great-grandchildren and 82 great-great-grandchildren. That's a big family!

Barack Obama and Oprah Winfrey were raised by their grandparents. Talk about good influences! Many celebrities have become grandparents at a young age. Loretta Lynn became a grandparent at age 29 and CeeLo Green at age 35.

Of the twenty women in the state Senate, half of them are grandmothers.

Grandparents are becoming more tech savvy; more than half are on social media sites and share photos online.

More than half of grandparents play video games with their grandchildren. Now the kids are the teachers! Slightly more than 10% of grandparents have tattoos. Can you imagine what this number will be when the twenty-somethings of today are grandparents?

Between 2015 and 2050, the proportion of the world's population who is over 60 will nearly double from 12% to 22%.

As of 2020, the number of people aged 60 and over outnumber children younger than 5. In 2050, 80% of older people will be living in low- and middle-income countries.

The pace of population aging is much faster than in the past.

All countries face major challenges to ensure that their health and social systems are ready to cater for this demographic shift.



ALT BIRTHSTONE: AGATE



FLOWER: ASTER



ALT. FLOWER: MORNING GLORY



COLORS ARE: BROWN & DEEP BLUE





every Friday from 9:30-4:00. To schedule an appointment, please call

Beauty Shop is open



2nd Nathan Coffin 3rd Christine Cormier 3rd Albert Wilcox 4th William Wilt 10th Barbara Gordon 10th Jacqueline O'Rouke 11th Chris Blunberg 11th Sheila Hieber 13th William Dion 18th Lona Hensley 21st Patricia Lambour 21st Donald Wood 22nd Fred Dailey 23rd Winnie Anderegg 23rd Bryan Quinn 24th Thomas Cornell 27th Gera;ld White

Grandparents Day

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Grandparents vacation sweets	hideandseek cookies movies	grandchild grandma peepaw	sleepover grandpa tickle	swimming kisses games
slide	candy	memaw	рорру	laugh
hugs	park	mimi	play	love
papa	nana	fun	pα	ma

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OAK MANOR AL/IL SEPTEMBER 2025

SUNDAY MONDAY TUESDAY WEDNESDAY 9:00 OUTING TO PUBLIX 2 9:30 Tai Chi Exercise Class-CH **LABOR DAY MOVIE GENRE** 9:30 Walk Club: Meet Outside "SUPERHERO WEEK" Of Clubhouse MONTH: SCI-FI/ 10:00 Bingo-B2 9:30 Yoga Chair Exercise 10:00 COMMUNION-B1 10:00 Dominoes-CH Class-CH **SUPERHERO** 10:00 Balloon Volleyball-B2 1:30 BALANCE CLASS W/ 10:00 Wii Game-B2 10:30 Guess The Word-B2 **MONTH**

CAPES-B2

BELOW

3:00 BIBLE STUDY-CH

3:00 MAKING SCI-FI

"A DAY IN CHINA" 9:00 OUTING TO PUBLIX

10:00 COMMUNION-B1

10:30 CHINA TRIVIA-B2

2:00 EGG ROLLS & GREEN TEA SOCIAL-B2 2:30 EGG ROLLS & GREEN

3:00 CHINESE ORAGAMI

10:00 Manicures-CH

3:00 Manicures-B2

9:30 Walk Club: Meet

Outside Of CH

TEA SOCIAL-CH

CRAFTS-CH

3:00 Bingo-B2

SLIME-B2

10:00 TAI CHI EXERCISE-B2

9:30 Walk Club: Meet Outside Of CH

11:00 OUTING TO TARGET, FIVE

4:00 CHINA ARMCHAIR TRAVEL-CH

9:30 Walk Club: Meet Outside

10:00 CATHOLIC MASS-B2

2:00 MAKING GALACTIC

FRIENDSHIP JEWELRY-CH

10:00 OUTING TO BURLINGTON.

3:00 Manicures-B2
3:00 DINO EGG EXCAVATION-CH

3:00 BIBLE STUDY-CH

3:00 MAKING ALIEN

9:00 OUTING TO PUBLIX

10:00 Balloon Volleyball-B2

10:30 Guess The Word-B2

10:00 COMMUNION-B1

TJ MAXX, BEALLS &

11:00 OUTING TO

BURGER KING

2:00 DINO EGG

EXCAVATION-B2

3:00 BIBLE STUDY-CH

11:00 OUTING TO WALMART

CENTERPIECES-CH

3:00 Manicures-B2

10:00 Dominoes-CH **LABOR DAY LUNCHEON** 2:00 OUARTER BINGO-CH 3:00 LABOR DAY PARTY W/ JK CRUM-CH **4:00 MOVIE PREMIERE:** "BATMAN"- CH

NATIONAL ASSISTED

GRANDPARENT'S DAY

10:00 Transport To St. Jerome's

Catholic Church, Baptist Church &

10:30 GREATER GRACE NON-

11:30-4:30 SUNDAY BUFFET-CH

WATCH PARTY W/ BEER &

2:00 OUARTER BINGO-CH

1:00 GRANDPARENT'S DAY BUCS

MOVIE THEME FOR THE

WEEK: "ALIEN WEEK"

10:00 Transport To St. Jerome's

Catholic Church, Baptist Church &

10:30 GREATER GRACE NON-

11:30-4:30 SUNDAY BUFFET-CH

10:00 Transport To St. Jerome's

Catholic Church, Baptist Church &

10:30 GREATER GRACE NON-

DENOMINATIONAL SERVICE-

WEEK: "STAR WARS"

10:30 GREATER GRACE CHURCH

10:00 Transport To St. Jerome's

Catholic Church, Baptist Church &

MOVIE THEME FOR THE **21** WEEK: "JURASSIC PARK

LIVING WEEK

Anona Methodist Church

DENOMINATIONAL

CHICKEN WINGS-CH

Anona Methodist Church

DENOMINATIONAL

2:00 Quarter Bingo-CH

3:00 ÄLIEN MÖVIE-CH

Anona Methodist Church

2:00 Quarter Bingo-CH

MOVIE MOVIE-CH

Anona Methodist Church

11:30-4:30 SUNDAY

2:00 Quarter Bingo-CH

3:00 ŠCI-FI/SŬPERHERO

CH 11:30-4:30 SUNDAY

3:00 SCI-FI/SUPERHERO

SERVICE-CH

BUFFET-CH

SERVICE-CH

BUFFET-CH

MOVIE-CH

SERVICE-CH

"A DAY IN ITALY" 9:30 BOCCE BALL GAME-B2 **10:00 ITALY TRIVIA-B2** 10:00 Dominoes-CH 11:00 OUTING TO THE **LARGO REC CENTER** 2:00 ITALIAN PIZZA **PARTY & ITALY TRIVIA-CH** 3:00 QUARTER BINGO-CH 4:00 ITALY ARMCHAIR **TRAVEL-CH**

9:30 Yoga Chair Exercise Class-CH 10:00 Wii Game-B2 10:00 Dominoes-CH 11:00 OUTING TO THE **RFC CENTER** 2:00 REESE'S PIECES **SOCIAL & E.T. TRIVIA-CH** 3:00 QUARTER BINGO-CH 4:00 MOVIE PREMIERE: "E.T."-CH

9:30 Yoga Chair Exercise Class-CH 10:00 Dominoes-CH 2:00 BRONTOSAURUS **BURGER SOCIAL & JURASSIC PARK TRIVIA-CH** 3:00 OUARTER BINGO-CH **4:00 MOVIE PREMIERE:** "JURASSIC PARK"-CH

MOVIE THEME FOR THE 28 9:30 Yoga Chair Exercise Class-CH 10:00 Dominoes-CH 2:00 CHEWBACCA CHICKEN **WING SOCIAL & "STAR WARS" TRIVIA-CH** 3:00 OUARTER BINGO-CH **4:00 MOVIE PREMIERE:**

THERAPY-B2 11:00 OUTING TO WALMART 2:00 MAKING "BATMAN" 2:00 MAKING SUPERHERO **ALFRED'S FAMOUS CUCUMBER SANDWICHES-B2/CH** 3:00 Adult Coloring-B2 3:00 OUARTER BINGO-CH

"A DAY IN MEXICO"
9:30 SEATED SALSA DANCING W/10 MARRACAS-B2 10:00 Dominoes-CH 10:30 MEXICO TRIVIA-B2 11:00-11:30 LARGO BOOKMOBILE-O 1:30 BALANCE CLASS W/ T HERAPY-CH 1:30 PAINTING MEXICO LANDSCAPES-CH 2:00 MINI TACO SOCIAL-B2 2:30 MINI TACOS & MARGARITAS-CH 3:00 QUARTER BINGO-CH 3:00 COLORING MEXICO LANDSCAPES-B2 4:00 MEXICO ARMCHAIR TRAVEL-CH 9:30 Tai Chi Exercise 9:00 OUTING TO PUBLIX 16 Class-CH

10:00 Bingo-B2 10:00 Dominoes-CH 11:00 OUTING TO THE **FIREHOUSE TO SHOW OUR SUPPORT & APPRECIATION** 1:30 BALANCE CLASS W/ **THERAPY-B2** 1:30 PAINTING-CH 2:00 MAKING MARTIAN **MARSHMALLOWS-B2** 3:00 QUARTER BINGO-CH 3:00 PLANET TOSS-B2

10:00 Bingo-B2 10:00 Dominoes-CH 11:00-11:30 LARGO **BOOKMOBILE-O** 1:30 BALANCE CLASS W/ **THERAPY-CH** 1:30 MAKING LEAF **PRINTS-CH** 3:00 QUARTER BINGO-CH

NATIONAL ASSISTED LIVING WEEK* • SEP 7-13, 2025 season PharMe

9:00 OUTING TO PUBLIX 9:30 Yoga Chair Exercise-B2 10:00 Mind Games-B2 11:00 OUTING TO PERKINS 2:00 Uno-B2 3:00 BIG BUCKS BINGO-CH 3:00 "MAKING THANK A **HERO" CARDS-B2** 4:00 TABLE TRIVIA W/ TINA-CH 5:00 JESUS & WOMEN W/ **TINA-CH**

THURSDAY

9/11 "A TRIBUTE TO **1 1** THE U.S.A. 9:00 OUTING TO PUBLIX 9:30 EXERCISE TO PATRIOTIC **MUSIC/TRIVIA-B2** 10:00 Bingo-B2 11:00 OUTING TO LARGO **FAMILY RESTAURANT** 2:00 ICE CREAM **SOCIAL-B2** 3:00 USA MUSIC & DANCE W/ **VAL & ICE CREAM SUNDAES-CH** 4:00 USA ARMCHAIR TRAVEL-CH 9:00 OUTING TO PUBLIX

9:30 Cardio Drumming--B2 10:00 Mind Games-B2 11:00 OUTING TO QUAKER **STEAK & LUBE** 2:00 CANINES FOR CHRIST-CH 2:30 GLOW IN THE DARK **SOCIAL W/ FREEZE DRIED** FRUITS-B2 3:00 Karaoke-B2 3:00 BIG BUCKS BINGO-CH 4:00 TABLE TRIVIA W/ TINA-CH 5:00 JESUS & WOMEN W/ TINA-CH

3:00 Manicures-B2 "JURASSIC PARK" **FRIENDS & FAMILY** 10:00 Bingo-B2 2:00 HAPPY HOUR W/ & **JURASSIC JUNGLE JUICE** (COCONUT RUM, BLUE **CURACAO, ORANGE JUICE)** & PTERODACTYL BITES (CHICKEN NUGGETS) W/ 3:00 Karaoke-B2 **MUSIC BY KEVIN CRUM-CH**

3:00 Manicures-B2

5 9:30 Shuffleboard-O 10:00 Bingo-B2 2:00 HAPPY HOUR W/ **SUPERMAN COCKTAILS (VODKA, ORANGE JUICE & BLUE CÚRACAO & MINI** 10:00 Quarter **HERO SANDWICHES W/** Bingo-B2 **MUSIC BY RALPH** 2:00 Baking-B2 **ROGERS-CH** 3:00 Crafts-B2 3:00 Manicures-B2

FRIDAY

" A DAY IN THE

CARIBBEAN"

9:30 MAKING TROPICAL

3:00 SEA SHELL ART-B2

3:00 TOWN HALL/FOOD

4:00 USA ARMCHAIR

2:00 HAPPY HOUR W/

COCKTAILS (MIDORI

COMMITTEE MEETINGS-CH

SMOOTHIES-B2

10:00 Bingo-B2

TRAVEL-CH

10:00 Bingo-B2

ASTEROID BITES

(MEATBALLS) &

GREEN MARTIAN

MELON, VODKA &

MÍLLER-CH

LEMON'LIME SODA)

W/ MUSIC BY PAUL

2:00 CARIBBEAN PARTY W/ "A DAY IN FRANCE" STEEL DRUMS, PINA COLADAS 10:00 Ouarter Bingo-B2 & TROPICAL FRUIT BOAT-CH 2:00 FRENCH SPA-B2 **3:00 BAGUETTE & CROISSANT SOCIAL-B2** 19 **20**

SATURDAY

10:00 Quarter Bingo-B2 2:00 Baking-B2 3:00 Crafts-B2 26

> 10:00 Quarter Bingo-B2 2:00 Baking-B2 3:00 Crafts-B2

randparents

CH=Clubhouse L=Library in CH O=Outside B1=Building 1 Pine Oaks

ROOM KEY

27

B2=Building 2 Laurel Oaks CC=Center Court CHL=Clubhouse Library DR=Dining Room

AUTUMN BEGINS 22

"STAR WARS"-CH

29 9:00 OUTING TO PUBLIX **30** 9:30 Walk Club: Meet Outside Of CH 10:00 COMMUNION-B1 10:00 Balloon Volleyball-B2 10:30 Guess The Word-B2 11:00 OUTING TO WALMART

2:00 JEDI SABER WARS-B2 3:00 BIBLE STUDY-CH 3:00 Manicures-B2 3:00 MAKING A STAR WARS **MEMORY JAR-CH**

24 9:00 OUTING TO PUBLIX

9:30 Yoga Chair Exercise-B2 10:00 Cognitive Booster Game-B2 11:00 OUTING TO OLIVE **GARDEN** 2:00 MAKING FOSSILS-B2

4:00-6:00 "JURASSIC PARK" **FRIENDS & FAMILY-CH**

LABOR DAY